



FAMILY DEVELOPMENT
Military Families Learning Network

March 22, 2018
Polishing our Protective Shields: Exploring Ways to Protect Youth from Violence
Additional Resources:

Articles:

Blad, E. (2018). Do schools “active shooter” drills prepare or frighten? *Education Digest*, 83(6). 4-8

Brendgen, M., & Poulin, F. (2018). Continued bullying victimization from childhood to young adulthood: A longitudinal study of mediating and protective factors. *Journal of Abnormal Child Psychology*, 46(1), 27-39. doi: 10.1007/s10802-017-0314-5

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Hertzog, J. L., Harpel, T., & Rowley, R. (2016). Is it bullying, teen dating violence, or both? Student, school staff, and parent perceptions. *Children & Schools, 38*, 21-29. doi: 10.1093/cs/cdv037

Ijadi-Magshoodi, R., Marlotte, L., Garcia, E., Aralis, H., Lester, P., Escudero, P., & Kataoka, S. (2017). Adapting and implementing a school-based resilience-building curriculum among low-income racial and ethnic minority students. *Contemporary School Psychology, 21*, 223-239, doi: 10.1007/s40688-017-0134-1

Karlsson, M. E., Temple, J. R., Weston, R., & Le, V. D. (2016). Witnessing interparental violence and acceptance of dating violence as predictors for teen dating violence victimization. *Violence Against Women, 22*(5), 625-646. doi: 10.1177/1077801215605920

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Murray, C. E., King, K., & Crowe, A. (2016). Understanding and addressing teen dating violence: Implications for family counselors. *The Family Journal, 24*(1), 52-59. doi: 10.1177/1066480715615668

Paradice, D. (2017). An analysis of mass shooting data (1840-2015). *Education, 138*(2), 135-144.



Parker, E. M., Johnson, S. L., Debnam, K. J., Milam, A. J., & Bradshaw, C. P. (2017). Teen dating violence victimization among high school students: A multilevel analysis of school-level risk factors. *Journal of School Health, 87*(9), 696-704.

Smith, P. K. (2016). Bullying: Definition, types, causes, consequences and intervention. *Social & Personality Psychology Compass, 10*, 519-532. doi: 10.1111/spc3.12266

Vivolo-Kantor, A. M., Olsen, E. O., & Bacon, S. (2016). Associations of teen dating violence victimization with school violence and bullying among US high school students. *Journal of School Health, 86*(8), 620-627.

Books:

Aiken, J. (2015). *Teen Dating: Perspectives on Relationships and Violence*. New York: Nova Science Publishers, Inc.

Alexander, J. (2016). *Bullying: Practical and Easy-to-follow Advice for Parents*. London: Pavilion Books.

Astor, R. A., & Benbenishty, R. (2018). *Mapping and monitoring bullying and violence: Building a safe school climate*. New York, NY, US: Oxford University Press.

Masters, J. (2015). *Teen Dating Violence: Research Literature Review and Annotated Bibliography*. New York: Nova Science Publishers, Inc.

Mishna, F. (2012). *Bullying: A guide to research, intervention, and prevention*. Oxford; New York: Oxford University Press.

Mona, O. (2011). *Understanding School Bullying: A Guide for Parents and Teachers*. Dublin: Veritas.



Muschert, G. W., Henry, S., & Bracy, N. L. (2013). *Responding to School Violence: Confronting the Columbine Effect*. Boulder: Lynne Rienner Publishers.

Nader, K. (2012). *School Rampage Shootings and Other Youth Disturbances: Early Preventative Interventions*. New York, NY: Routledge.

Pat-Horenczyk, R., Brom, D., & Vogel, J. M. (2014). *Helping Children Cope with Trauma: Individual, Family and Community Perspectives*. New York: Routledge.

Seifert, K. (2012). *Youth Violence: Theory, Prevention, and Intervention*. New York: Springer Publishing Company.

Links:

American Academy of Child and Adolescent Psychiatry: Talking to Children about Violence

https://www.aacap.org/AACAP/Latest_News/2014/Talking_to_Children_About_Violence.aspx

American Psychological Association: Love Doesn't Have to Hurt (Teens)

<http://www.apa.org/pi/families/resources/love-teens.aspx>

American Psychological Association: Talking to your children about the recent spate of school shootings

<http://www.apa.org/topics/violence/school-shooting.aspx>

American Red Cross: Recovering Emotionally

<http://www.redcross.org/get-help/disaster-relief-and-recovery-services/recovering-emotionally#Resources>



Center for Disease Control Teen Dating Violence Website

https://www.cdc.gov/violenceprevention/intimatepartnerviolence/teen_dating_violence.html

Cyber Bullying Help: Preventing Bullying in the Digital Age

<http://cyberbullyhelp.com/>

FOCUS on Foster Families

<https://nfrc.ucla.edu/focus-foster-families>

Coalition to Support Grieving Students

<https://grievingstudents.org/>

Military OneSource Teen Dating Violence Month Toolkit

<http://www.militaryonesource.mil/-/teen-dating-violence-awareness-and-prevention-month-tool-kit>

National Center for School Crisis and Bereavement

<https://www.schoolcrisiscenter.org/>

National Teen Dating Abuse Hotline

<http://www.loveisrespect.org/>

NCTSN Domestic Violence: Adolescents as Victims

<http://www.nctsn.org/content/adolescents-victims>

NCTSN Resources: Psychological First Aid for Schools

<http://www.nctsn.org/content/psychological-first-aid-schoolspfa>



NCTSN Resources for Responding to a School Crisis

<http://www.nctsn.org/resources/audiences/school-personnel/crisis-situation>

NCTSN Resources for School Personnel

<http://www.nctsn.org/resources/audiences/school-personnel>

Pacer's National Bullying Prevention Center Resources

<http://www.pacer.org/bullying/resources/>

PBS Parents: Talking with Kids about News

<http://www.pbs.org/parents/talkingwithkids/news/>

Program for the Education and Enrichment of Relational Skills (PEERS)

<http://www2.semel.ucla.edu/peers>

Teaching Tolerance: Bullying and Bias

<https://www.tolerance.org/topics/bullying-bias>

UCLA Veteran Family Wellness Center

<http://www.veterans.ucla.edu/Services/NCTSN-Military-Families-Program>

Blogs:

Baker, L. (2018). Talking helps: Date safe project. Retrieved from:

<https://www.datesafeproject.org/talking-helps/>

Brown, C. (2016). Preventing intimate partner violence across the lifespan: A technical package from the CDC. *MFLN Family Development*. Retrieved from:

<https://militaryfamilies.extension.org/2017/09/04/preventing-intimate-partner-violence-across-the-lifespan-a-technical-package-from-the-cdc/>



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- Domitrz, M. (2018). Keys to a healthy relationship. Date Safe Project. Retrieved from: <https://www.datesafeproject.org/keys-to-a-healthy-relationship/>
- HPRC (2015). Fight the effects of bullying with exercise. *Consortium for Health and Military Performance (CHAMP)*. Retrieved from: <https://www.hprc-online.org/articles/fight-the-effects-of-bullying-with-exercise>
- HPRC (2015). Help stop bullying. *Consortium for Health and Military Performance (CHAMP)*. Retrieved from: <https://www.hprc-online.org/articles/help-stop-bullying>
- Kids Peace. (2014). Ways to help your child through crisis. ParentCentral.net. Retrieved from: https://www.kidspeace.org/wp-content/uploads/2015/08/KPparent15ways008_0003.pdf
- Koplewicz, H. S. (2018). Helping children cope with frightening news. *Child Mind Institute*. Retrieved from: <https://childmind.org/article/going-back-school-tragedy/>
- McNair, K. & Griffin, E. (2016). Eyes wide open: Teens and parenting. *MFLN Family Development*. Retrieved from: <https://militaryfamilies.extension.org/2016/06/13/eyes-wide-open-teens-and-parenting/>



Mixon, K. (2013). Resource discovery: Therapeutic book for child trauma. *MFLN Family Development*. Retrieved from:

<https://militaryfamilies.extension.org/2013/09/04/resource-discovery/>

National Association of School Psychologists (2016). Talking to children about violence: Tips for parents and teachers. *NASPOonline*. Retrieved from:

<http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/talking-to-children-about-violence-tips-for-parents-and-teachers>

National PTA (n.d.). Discussing difficult situations with your children. *PTA.org*. Retrieved from:

<https://www.pta.org/home/family-resources/health/Emotional-Health/Discussing-Difficult-Situations-With-Your-Children>

Sexton, D. L. (2018). New kid on the block... again: Helping military kids cope with relocation and bullying. *MFLN Family Development*. Retrieved from:

<https://militaryfamilies.extension.org/2018/03/19/new-kid-on-the-block-again-helping-military-kids-cope-with-relocation-and-bullying/>

Sexton, D. L. (2018). Resource discovery: The National Child Traumatic Stress Network's school personnel resources. *MFLN Family Development*. Retrieved from:

<https://militaryfamilies.extension.org/2018/02/26/resource-discovery-the-national-child-traumatic-stress-networks-school-personnel-resources/>

Sobelson, B. R. (2016). Teenage turbulence: Teen dating violence awareness and prevention. *MFLN Family Development*. Retrieved from:

<https://militaryfamilies.extension.org/2016/02/15/teenage-turbulence-teen-dating-violence-awareness-and-prevention/>



Stevens, J. E. (2018). ACEs science can prevent school shootings, but first people have to learn about ACEs science. ACEs Too High News. Retrieved from: <https://acestoohigh.com/2018/02/21/aces-science-can-prevent-school-shootings-but-first-people-have-to-learn-about-aces-science/>

Podcasts/Webinars/Online Media:

Austin, S. (2012). Infusing a Caring Climate into Your School [Webinar]. *American School Counselor Association*. Retrieved from: <https://videos.schoolcounselor.org/infusing-a-caring-climate-into-your-school>

Death and School Crisis [Video file]. *Coalition to Support Grieving Students*. Retrieved from: <https://grievingstudents.org/module-section/death-school-crisis/>

Gurwitch, R. H. (2011). Supporting Students after Crisis and Loss [Webinar]. *American School Counselor Association*. Retrieved from: <https://videos.schoolcounselor.org/supporting-students-after-crisis-and-loss>

Merrick, M. (2017, August 17). The Buffer Zone: What Adverse Childhood Experiences (ACE) Study Teaches about Maximizing Health and Wellbeing [Webinar]. *MFLN Family Development*. Retrieved from: <https://learn.extension.org/events/3027>

Mogil, C. (2017, July 13). From Diapers to Diplomas: Exploring Resilience in Military Children [Webinar]. *MFLN Family Development*. Retrieved from: <https://learn.extension.org/events/3020>

Studer, J. R. (2011). Counseling Kids in Crisis [Webinar]. *American School Counselor Association*. Retrieved from: <https://videos.schoolcounselor.org/counseling-kids-in-crisis>



Szlachta, A. (2017, March 30). On Solid Ground: Exploring Strategies to Help Clients Create and Maintain Healthy Relationships [Webinar]. *MFLN Family Development*. Retrieved from: <https://learn.extension.org/events/2993>

Talking with Children [Video file]. *Coalition to Support Grieving Students*. Retrieved from: <https://grievingstudents.org/module-section/talking-with-children/>

Tucker, A. & Widmier, J. (2017, January 30). Effective Crisis/Trauma Response [Webinar]. *American School Counselor Association*. Retrieved from: <https://videos.schoolcounselor.org/effective-crisistrauma-response>

Additional Documents:

APA Help Center. (n.d.). Managing your distress in the aftermath of a shooting. *American Psychological Association*. Retrieved from: <http://www.apa.org/helpcenter/mass-shooting.aspx>

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- Military OneSource. (2012). Helping school-aged kids get “back to normal” after a shooting. Retrieved from: https://rutherfordccrr.weebly.com/uploads/7/8/2/0/7820678/militaryonesource.mil-military_onesource_helping_schoolage_kids_get_back_to_normal_after_a_shooting_1.pdf
- Paolini, A. (2015). School shootings and student mental health: Role of the school counselor in mitigating violence. *VISTAS Online*, Retrieved from: https://www.counseling.org/docs/default-source/vistas/school-shootings-and-student-mental-health.pdf?sfvrsn=f2db432c_6
- StopBullying.gov. (2018). Understanding the roles of mental health professionals in community-wide bullying prevention efforts. Retrieved from: https://www.stopbullying.gov/sites/default/files/2017-09/hrsa_guide_mental-health-professionals_508.pdf
- Substance Abuse and Mental Health Services Administration. (2017). School and campus health. Retrieved from: <https://www.samhsa.gov/school-campus-health>
- UNICEF. (2011). Child protection from violence, exploitation, and abuse. Retrieved from: https://www.unicef.org/protection/57929_57972.html
- World Health Organization. (2013). How can violence against children be prevented? Retrieved from: <http://www.who.int/features/qa/44/en/>