



PERSONAL FINANCE

Military Families Learning Network

Virtual Learning Event Twitter Chat (#MFLNchat)

Sponsored by eXtension: <http://blogs.extension.org/militaryfamilies/personal-finance/>

Date: Wednesday, June 3, 2015, 1 pm - 2 pm ET

Topic: Financial Therapy Insights for Financial Counseling & Education

Our guests for #MFLNchat include Dr. Mary Bell Carlson, Dr. Barbara O'Neill, Rutgers University; Dr. Martie Gillen, University of Florida, Molly Herndon, University of Florida, and Jerry Buchko, Financial Coach and Counselor.

General Instructions:

Log in to TweetChat (<http://tweetchat.com/>) or Twubs (<http://twubs.com/>) at 1pm EDT on Wednesday, June 3.

Insert #MFLNchat into the textbox that pops up so you can tweet easily and view the live Twitter stream

Authorize the application to access your Twitter account

Create valuable content in 140 character sound bites by answering each question as it is presented

Have fun with and learn from other financial practitioners

Questions That We Will Discuss:

Q1: In helping clients, what financial behavior changes do you are most often encountered?

Q2: What are some ways that financial therapy applications and models could help you work with clients in a different way?

Q3: How can financial therapy theory, research and practices help you in your financial planning, mental health, coaching, counseling, and/or research work within the scope of your professional practice?

Q4: What financial behavior changes do you find the most difficult to help clients overcome? What were some techniques discussed today that might help you with these difficult changes?

Q5: Have you used theories or models in your practice with clients? If so, which ones and what have you gained from using them?

Q6: Do you currently ask open-ended questions with your clients? If so, please share some of the best questions you use to help clients make permanent financial behavior change.

Q7: How can you tell if your client is ready to make a permanent financial behavior change? What are the conditions you see as necessary with your clients?

Q8: Were there any solution-focused techniques that you are going to start using in your practice?

Q9: How does learning about Carl Roger's person-centered therapy approach and other therapeutic models change the way you work with clients?

Q10: What is one thing you are going to start or stop doing today from what you learned on today's seminar about financial therapy?