



MILITARY CAREGIVING
Military Families Learning Network

VIRTUAL LEARNING EVENT

November 4, 2015 @ 11:00 a.m. Eastern



Relating! Caring and Culture

REIMAGINE YOUR SKILLS

The Military Caregiving concentration area of the Military Families Learning Network (MFLN) will offer a three-part virtual learning event (VLE) for military service providers, focusing on foundational tools for professionals working with military family caregivers. Centered on a theme of reenergizing and rejuvenating personal and professional growth, this FREE web-based learning opportunity is open to the public and is structured to provide a professional conference experience with colleagues in caring disciplines. Each session will be 90-minutes and will provide an opportunity to engage with colleagues and presenters virtually.

In Session #2, *'Relating! Caring and Culture'*, the presenter will explore the conceptual frameworks of cultural and linguistic competence and examine their relevance for supporting service members and their families. Cultural competence and linguistic competence are widely recognized as fundamental aspects of quality in health/behavioral health care and in the provision of social services and supports. Cultural and linguistic competence are viewed as essential approaches for reducing disparities and for promoting equity by improving access, utilization, service delivery, and health and well-being among patients, their families, and communities.

REFLECT! MINDFULNESS EXERCISE

After each session, MFLN will provide 15-20 minute audio files on mindfulness. The audio series is intended to help participants discover and observe their reactions to life's stressors and provide tools for responding effectively.

PRESENTER

Tawara Goode is an Assistant Professor and Director of the National Center for Cultural Competence, Center for Child and Human Development at Georgetown University Medical Center. Goode's research interests include: The role of cultural and linguistic competence in reducing disparities in health and mental health care and outcomes; measuring and assessing cultural and linguistic competence (i.e. health and mental health care organizations and their personnel, academic training programs for health professionals, patient perspectives); conscious and unconscious bias in health and mental health care; community engagement to address racial and ethnic health disparities; services and supports for individuals who experience disabilities and their families.



CONTINUING EDUCATION

1.5 Continuing education credit will be available upon approval from the National Association of Social Workers (NASW) for credentialed participants. A certificate of completion will also be available for those interested in receiving training hours.

EVENT LOCATION

To join the webinar use the *'Event Location'* link below. The webinar is hosted by the Defense Connect System (DCS). Registration is required to join.

<https://learn.extension.org/events/2189>