



**MILITARY FAMILIES**  
LEARNING NETWORK

ADHD, Anxiety, and Autism:  
Practical Approaches to Child Psychiatry

<https://learn.extension.org/events/2492>

U.S. DEPARTMENT OF DEFENSE  

This material is based upon work supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, and the Office of Family Readiness Policy, U.S. Department of Defense under Award Numbers 2014-68770-2297 and 2015-68770-2495.

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**MILITARY FAMILIES**  
LEARNING NETWORK

Connecting military family service providers  
to research and to each other  
through innovative online programming

[www.extension.org/militaryfamilies](http://www.extension.org/militaryfamilies)

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Join the Conversation Online!

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**MILITARY CAREGIVING**  
Military Families Learning Network

*Join the Conversation Online!*

-  [MFLN Military Caregiving](#)
-  [MFLN Military Caregiving @MFLNMC](#)
-  [Military Families Learning Network](#)
-  MFLN Group <https://www.linkedin.com/groups/8409844>

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**Today's Presenter**

**Brian J. Dixon, M.D.**

- Board Certified Child and Adolescent Psychiatrist
- Executive Director of Progressive Psychiatry, a clinical practice that provides mental health services to families.
- Experience in teaching, community mental health, and private health care settings.



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**ANXIETY, ADHD, AND AUTISM: PRACTICAL APPROACHES TO CHILD PSYCHIATRY**

**Brian J. Dixon, M.D.**  
Board Certified Adult, Child & Adolescent Psychiatrist  
Owner and Executive Director, Progressive Psychiatry, P.A.



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## GOALS AND OBJECTIVES

- ▶ By the end of this informative webinar, you will be able to:
  - ▶ Differentiate psychiatric disorders from typical sociocultural variants
  - ▶ Better appreciate the diagnosing and management of 3 common child psychiatric conditions (including ADHD, Anxiety and Autism)
  - ▶ Identify mental health providers and their areas of expertise
  - ▶ Discuss medication treatment options for these common concerns

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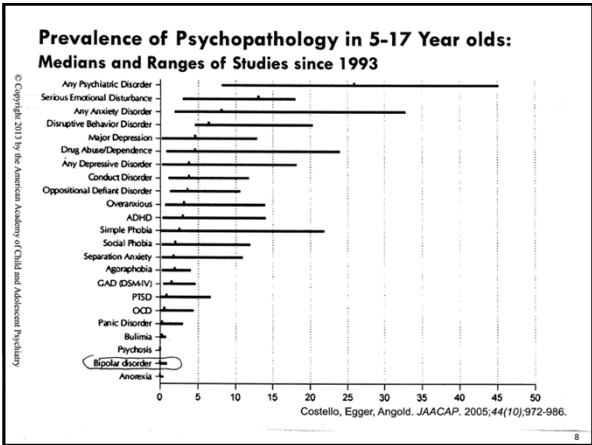
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## Q&A

- ▶ What child psychiatric issues and disorders have the families that you work with experienced?  
*(Please add your response in the chat pod.)*

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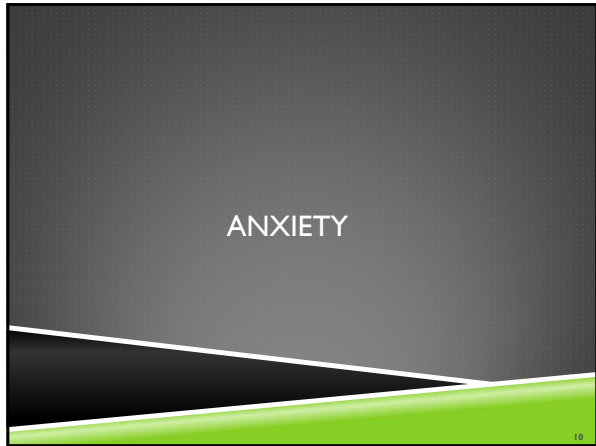
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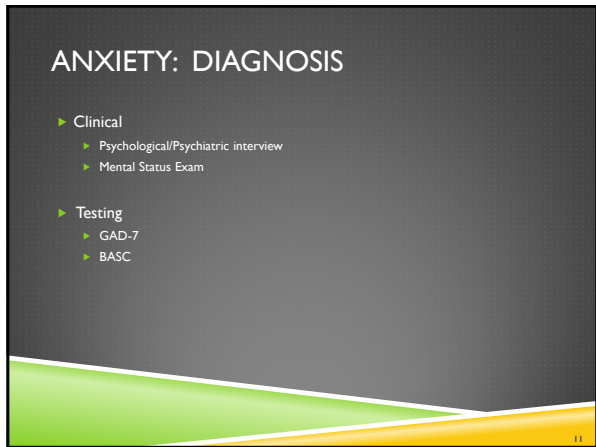
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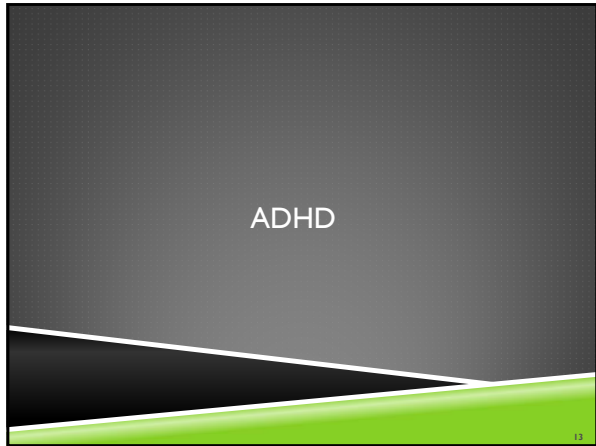
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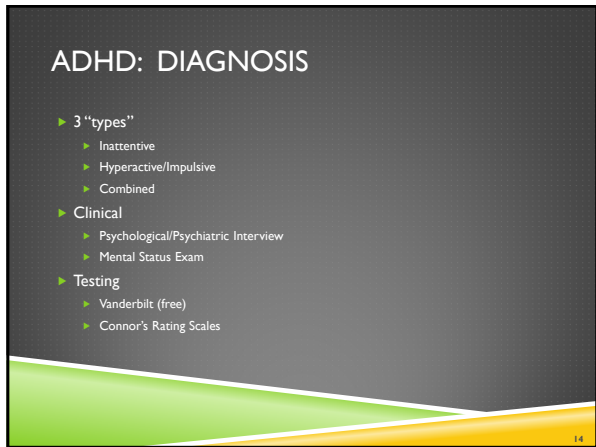
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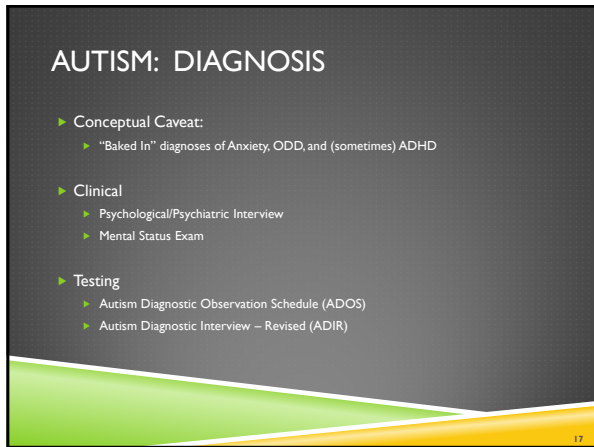
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**Q&A**

▶ What barriers and stressors have your families faced in addressing child psychiatric needs?



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**HELPFUL RESOURCES**

- ▶ American Academy of Child & Adolescent Psychiatry  
▶ [www.aacap.org](http://www.aacap.org)
- ▶ Diagnostic & Statistical Manual of Mental Disorders (DSM), 5<sup>th</sup> Edition  
▶ [www.dsm5.org](http://www.dsm5.org)
- ▶ National Alliance on Mental Illness (NAMI)  
▶ [www.nami.org](http://www.nami.org)
- ▶ Psychology Today  
▶ [www.psychologytoday.com](http://www.psychologytoday.com)



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**What is *one significant thing* you learned today?**



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### Evaluation and [Continuing Education Credits/Certificate of Completion]

MFLN Military Caregiving is offering 1 credit hours/ a certificate of completion for today's webinar.

To receive credits/a certificate of completion, please complete the evaluation and post-test at:  
[https://vte.co1.qualtrics.com/SE/?SID=SV\\_aXmJP0iHemBIDbT](https://vte.co1.qualtrics.com/SE/?SID=SV_aXmJP0iHemBIDbT)

\*Must pass post-test with an 80% or higher to receive certificate.

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### Military Upcoming Event

#### Communication "In the Crunch"

- Date: Wednesday, May 4, 2016
- Time: 11:00 a.m. Eastern
- Location:  
<https://learn.extension.org/events/2588>

For more information on MFLN Military Caregiving go to:  
<https://blogs.extension.org/militaryfamilies/military-caregiving/>

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#### Find all upcoming and recorded webinars covering:

- |                             |                      |
|-----------------------------|----------------------|
| Personal Finance            | Family Transitions   |
| Military Caregiving         | Network Literacy     |
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[www.extension.org/62581](http://www.extension.org/62581)

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