



U.S. DEPARTMENT
OF DEFENSE



Military Families Learning Network

Family Development Webinar Series

Resources for Work with LGBT Military Families

Organizations Providing Support for LGBT Military Families

- The American Military Partner Association (AMPA) (<http://militarypartners.org/>)
 - Connecting members with other LGBT service members, spouses/partners, and their families
 - Support networks on a national and local levels (chapter-based)
 - Educational Webinars, Connection with Resources, etc.
 - Advocacy for LGBT service members, spouses/partners, and their families
 - OutServe-SLDN (<http://www.sldn.org/>)
 - Legal Services (Issues Stemming from Discrimination)
 - Discharge Upgrades
 - "Guide to LGBT Military Service"
 - American Veterans for Equal Rights (AVER) (<http://aver.us/>)
 - Advocacy for full and equitable treatment for all present and former members of the U.S. Armed Forces
 - Support networks on national and local levels (chapter-based)
 - Military OneSource (<http://www.militaryonesource.mil/>)
 - Toll Free National Hotline - Confidential Help & Counseling
 - Military Life Topics
 - Blogs, Podcasts, and Webinars
 - Military & Family Life Counselor Program
 - Confidential Help & Counseling
 - https://www.mhngs.com/app/programsandservices/mflc_program.content
 - http://www.militaryonesource.mil/12038/MOS/Factsheets/Factsheet_MFLC.pdf
 - <http://www.dtic.mil/whs/directives/corres/pdf/649006p.pdf>
 - GLBT National Help Center (<http://www.glbtnationalhelpcenter.org/>)
 - Free, confidential support for LGBT people and those with questions about sexual orientation and/or gender identity
 - Resources, Online Peer-Support Chats
 - Toll-Free National Hotline (Youth & Adult)
 - *Look also for local LGBT centers in your county/city*
 - National Center for Transgender Equality (<http://transequality.org/>)
 - Social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment
 - Parents, Families and Friends of Lesbians and Gays (PFLAG) (www.pflag.org)
 - Promotes health & well-being of LGBT persons, their families & friends thru support, education, and advocacy
 - Support networks on national and local levels (chapter-based)
 - COLAGE (<http://www.colage.org/>)
 - Unites people with LGBT parents into a network of peers
 - Online Communities
 - Support networks on national and local levels (chapter-based)
 - Family Equality Council (<http://www.familyequality.org/>)
 - Connects, supports and represents the 3 million parents who are LGBT and their 6 million children
 - Programs, Parent Groups & Local Events
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Resources for Clinicians Working with LGBT Families:

Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling
<http://www.algbtic.org>

Working with LGBT Clients (ACA)
<http://www.counseling.org/resources/library/Counseling%20Today/May2011CTOnline.pdf>

Lesbian, Gay, Bisexual and Transgender Issues (NASW)
<https://www.socialworkers.org/diversity/new/lgbt.asp>

Practice Guidelines for LGB Clients (APA)
<http://www.apa.org/pi/lgbt/resources/guidelines.aspx>

Therapeutic Issues for Same-sex Couples (AAMFT)
http://www.aamft.org/imis15/content/Consumer_Updates/Therapeutic_Issues_for_Same-sex_Couples.aspx

Working with LGBT Individuals as a Social Worker
<http://socialwork.une.edu/resources/news/working-with-lgbt-individuals-as-a-social-worker/>

Tip Sheet for Professionals Working with LGBTQ Clients (National Child Traumatic Stress Network)
http://www.nctsn.org/sites/default/files/assets/pdfs/lgbtq_tipsheet_for_professionals.pdf

More LGBT Family Resources:

Family Acceptance Project—Helping LGBT Youth
<http://www.socialworktoday.com/archive/112309p6.shtml>

Family Equality Council
<http://www.familyequality.org>

Human Rights Campaign: Professional Organizations on LGBT Parenting
<http://www.hrc.org/resources/entry/professional-organizations-on-lgbt-parenting>

Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender (LGBT) Children
http://nccc.georgetown.edu/documents/LGBT_Brief.pdf

LGBTQ Parenting Connection
<http://www.lgbtqparentingconnection.ca/resources.cfm>

LGBTQ Relationships and the Law: Experiencing Abuse
<http://www.loveisrespect.org/get-help/legal-help/lgbtq-relationships-and-the-law>

LGBTQ Youth Resources (CDC)
<http://www.cdc.gov/lgbthealth/youth-resources.htm>



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Local, State and National LGBT Organizations and Groups

<http://www.lgbtcenters.org/localstatenational-groups.aspx>

Our Family Coalition

<http://www.ourfamily.org/meet-our-family/our-mission>

True Colors: Sexual Minority Youth and Family Services

<http://www.ourtruecolors.org/About/index.html>

Domestic Violence Resources for the LGBTQ Community:

Loveisrespect.org: Abusive and Healthy LGBTQ Relationships

<http://www.loveisrespect.org/dating-basics/healthy-relationships/healthy-lgbtq-relationships>

Loveisrespect.org: Abusive LGBTQ Relationships (Youth)

<http://www.loveisrespect.org/is-this-abuse/lgbtq-abusive-relationships>

National Center on Domestic and Sexual Violence-Publications

http://www.ncdsv.org/publications_lgbti.html

The National Domestic Violence Hotline

<http://www.thehotline.org/2013/11/i-see-dv-as-an-lgbtq-issue/>

<http://www.thehotline.org/2013/10/i-see-dv-as-unacceptable/>

Peer-reviewed Research Articles Related to the LGBTQ Community:

Alessi, E. (2013). Acknowledging the impact of social forces on sexual minority clients: Introduction to the special issue on clinical practice with LGBTQ populations. *Clinical Social Work Journal*, 41(3), p. 223 – 227. Available at

<http://link.springer.com/article/10.1007/s10615-013-0458-x>.

Bidell, M. (2005). The sexual orientation counselor competence scale: Assessing attitudes, skills, and knowledge of counselors working with lesbian, gay, and bisexual clients. *Counselor Education and Supervision*, 44(4), p. 267 – 279.

Available at <http://onlinelibrary.wiley.com/doi/10.1002/j.1556-6978.2005.tb01755.x/abstract>.

Bieschke, K. (2014). Training psychologist to work with Diverse Clients. *Psychology of Sexual Orientation and Gender Diversity*, 1(2), p. 102 – 105. Available at <http://www.psycontent.com/content/5153052u9k5gx573/>.

Buhrke, R., & Douce, L. (1991). Training issues for counseling psychologists in working with lesbian women and gay men. *The Counseling Psychologist*, 19(2), p. 216 – 234. Available at <http://tcp.sagepub.com/content/19/2/216.short>.

Chung, B. (2011). Work discrimination and coping strategies: Conceptual frameworks for counseling lesbian, gay, and bisexual clients. *The Career Development Quarterly*, 50(1), p. 33 – 44. Available at

<http://onlinelibrary.wiley.com/doi/10.1002/j.2161-0045.2001.tb00887.x/abstract>.



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Eady, A., Dobinson, C., & Ross, L. (2011). Bisexual people's experiences with mental health services: A qualitative investigation. *Community Mental Health Journal*, 47(4), p. 378 – 389. Available at <http://link.springer.com/article/10.1007/s10597-010-9329-x>.

Fassinger, R. (1991). The hidden minority: Issues and challenges in working with lesbian women and gay men. *The Counseling Psychologist*, 19(2), p. 157 – 176. Available at <http://tcp.sagepub.com/content/19/2/157.short>.

Isreal, T., Walther, W., Gortcheva, R., & Perry, J. (2011). Policies and practices for LGBT clients: Perspectives of mental health services administrators. *Journal of Gay & Lesbian Mental Health*, 15(2), p. 152 – 168. Available at <http://www.tandfonline.com/doi/abs/10.1080/19359705.2010.539090#.U7ykhclBISA>.

Edwards, L., Robertson, J., Smith, P., & O'Brien, N. (2014) Marriage and family training programs and their integration of lesbian, gay, and bisexual identities. *Journal of Feminist Family Therapy*, 26(1), p. 3-27. Available at <http://www.tandfonline.com/doi/abs/10.1080/08952833.2014.872955#.U7xaykDg87k>.

Hansubry, G., & Bennett, J. (2014). Working relationally with LGBT clients in clinical practice: Client and clinician in context. In J. Rosenberger (Eds.), *Relational Social Work Practices with Diverse Populations: Essential Clinical Social Work Series* (p. 197 – 214). New York, NY: Springer. Available at http://link.springer.com/chapter/10.1007/978-1-4614-6681-9_13.

Harper, A., Finnerty, P., Martinez, M., Brace, A., Crethar, H., Loos, B., Harper, B., Graham, S., Singh, A., Kocet, M., Travis, L., & Labert, S. (2012). Association for lesbian, gay, bisexual, and transgender issues in counseling for counseling with lesbian, gay, bisexual, queer, questioning, intersex, and ally individuals. *Journal of LGBT Issues in Counseling*, 7, p. 2-43. Available at http://www.algbtic.org/images/stories/ALGBTIC_Comps_for_Counseling_LGBQQIA_Individuals_Final_print.pdf.

Hartwell, E., Serovich, J., Grafsky, E., & Kerr, Z. (2012). Coming out of the dark: Content analysis of articles pertaining to gay, lesbian, and bisexual issues in couple and family therapy journals. *Journal of Marital and Family Therapy*, 38(1), p. 227-243. Available at <http://onlinelibrary.wiley.com/doi/10.1111/j.1752-0606.2011.00274.x/full>.

Hash, K., & Rogers, A. (2013). Clinical practice with older LGBT clients: Overcoming lifelong stigma through strength and resilience. *Clinical Social Work Journal*, 41(3), p. 279 – 357. Available at <http://link.springer.com/article/10.1007/s10615-013-0437-2>.

Johns, E. (n.d.). The challenges and approaches to Working with Lesbian, Gay, Bisexual, and Transgender Youth. University of Hawaii. Available at <http://hilo.hawaii.edu/academics/hohonu/documents/Vol07x05TheChallengesandApproachestoWorking....pdf>.

Johnson, B., Rosenstein, J., Buhrke, R., & Halderman, D. (2013). After “Don’t Ask Don’t Tell”: Competent care of lesbian, gay and bisexual military personnel during the DOD policy transition. *Professional Psychology: Research and Practice*, p. 1-9. Available at <http://psycnet.apa.org/psycinfo/2013-39414-001/>.



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Orecchia, A. (2008). Working with lesbian, gay, bisexual, transgender, and questioning youth: Role and function of the community counselor. *Graduate Journal of Counseling Psychology*, 1(1), article 6. Available at <http://epublications.marquette.edu/cgi/viewcontent.cgi?article=1007&context=gjcp>.

Owen-Pugh, V., & Baines, L. (2013). Exploring the clinical experiences of novice counselors working with LGBT clients: Implications for training. *Counselling and Psychotherapy Research: Linking research with practice*, 14(1), p. 19 – 28. Available at <http://www.tandfonline.com/doi/abs/10.1080/14733145.2013.782055#.U7zInslBISA>.

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Rutherford, R., McIntyre, J., Daley, A., & Ross, L. (2012). Development of expertise in mental health service provision for lesbian, gay, bisexual and transgender communities. *Medical Education*, 46(9), p. 903 – 913. Available at <http://onlinelibrary.wiley.com/doi/10.1111/j.1365-2923.2012.04272.x/full>.

Shaughnessy, T., & Spokane, A. (2013). Lesbian and gay affirmative therapy competency, self-efficacy, and personality in psychology trainees. *The Counseling Psychologist*, 41(6), p. 825 – 856. Available at <http://tcp.sagepub.com/content/41/6/825.short>.

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Whitman, J., & Bidell, M. (2014). Affirmative lesbian, gay, and bisexual counselor education and religious beliefs: How do we bridge the gap? *Journal of Counseling and Development*, 92(2), p. 162 – 169. Available at <http://onlinelibrary.wiley.com/doi/10.1002/j.1556-6676.2014.00144.x/abstract?deniedAccessCustomisedMessage=&userIsAuthenticated=false>.