



**April 2019**  
**Anchored Episode 17| Problematic Sexual Behavior in Children and Youth**  
**Facilitator: Gregory Leskin, Ph. D.**

**Additional Resources:**

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**Articles:**

- Allen, B. (2017). Children with sexual behavior problems: Clinical characteristics and relationship to child maltreatment. *Child Psychiatry & Human Development*, 48(2), 189-199.  
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- Allen, B., Berliner, L., Shenk, C., Bendixsen, B., Zellhoefer, A., Dickmann, C., Arnold, B., & Chen, M. (2018). Development and pilot testing of a phase-based treatment for preteen children with problematic sexual behavior. *Evidence-Based Practice in Child and Adolescent Mental Health*, 3(4), 274-285.  
<https://doi.org/10.1080/23794925.2018.1515580>
- Elkovitch, N., Latzman, R. D., Hansen, D. J., & Flood, M. F. (2012). Understanding child sexual behavior problems: A developmental psychopathology framework. *Clinical Psychology Review*, 29, 586–598.  
<https://doi.org/10.1016/j.cpr.2009.06.006>
- Ensink, K., Godbout, N., Lampron, J., Bigras, N., Sabourin, S., & Normandin, L. (2018). Persistent and transitory sexualized behavior problems in children. *Child Psychiatry & Human Development*, 49(4), 621-631. <https://doi.org/10.1007/s10578-017-0778-0>
- Finkelhor, D., Shattuck, A., Turner, H., & Hamby, S. (2014). The lifetime prevalence of child sexual abuse and sexual assault assessed in late adolescence. *Journal of Adolescent Health*, 55(3), 312-313.  
<https://doi.org/10.1016/j.jadohealth.2013.12.026>
- Kellogg, N. D. (2010). Sexual behaviors in children: Evaluation and management. *American Family Physician*, 82(10), 1233-1238. Retrieved from: <https://www.aafp.org/afp/2010/1115/p1233.html#>
- Lussier, P., McCuish, E., Mathesius, M., Corrado, R., & Nadeau, D. (2017). Developmental trajectories of child sexual behaviors on the path of sexual behavioral problems: Evidence from a prospective longitudinal study. *Sexual Abuse*, 30(6), 622-658. <https://doi.org/10.1177/1079063217691963>
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- McElvaney, R. (2013). Disclosure of child sexual abuse: delays, non-disclosure and partial disclosure. What the research tells us and implications for practice. *Child Abuse Review*. <https://doi.org/10.1002/car.2280>



- Merrick, M., Litrownik, A., Margolis, B., Wiley, T., Everson, M., Dubowitz, H., & English, D. (2015). Sexualized behaviors partially mediate the link between maltreatment and delinquent behaviors. *Journal of Child & Family Studies*, 24(8), 2217-2228. <https://doi.org/10.1007/s10826-014-0024-3>
- Newlin, C., Steele, L. C., Chamberlin, A., Anderson, J., Kenniston, J., Russell, A., Vaughan-Eden, V. (September 2015). Child Forensic Interviewing: Best Practices [PDF file]. Retrieved from <https://www.ojjdp.gov/pubs/248749.pdf>
- Smith, T., Lindsey, R., Bohora, S., & Silovsky, J. (2018). Predictors of Intrusive sexual behaviors in preschool-aged children. *The Journal of Sex Research*, 56(2), 229-238. <https://doi.org/10.1080/00224499.2018.1447639>
- Wamser-Nanny, R., Sager, J.C., & Campbell, C.L. (2018). Maternal support as a predictor of children's sexualized behaviors following childhood sexual abuse. *Child Maltreatment*, 24(1), 36-44. <https://doi.org/10.1177/1077559518786821>

### **Books/ Book Chapters:**

- Harris, R. (2006). *It's Not the Stork! A Book about Girls, Boys, Babies, Bodies, Families, and Friends*. Somerville, MA: Candlewick Press.
- King, K. (2016). *I Said No! A Kid-to-kid Guide to Keeping Private Parts Private*. Weaverville, CA: Boulden Publishing.
- Pipe, M., Lamb, M., Orbach, Y., & Cedarbrog, A. (2013). *Child Sexual Abuse: Disclosure, Delay, and Denial*. New York, NY: Routledge.
- Renold, E., Ringrose, J., & Egan, R. D. (Eds.). (2015). *Children, Sexuality, and Sexualization*. New York, NY: Palgrave Macmillan.
- Smallbone, S., Marshall, W., & Wortley. (2013). *Preventing Child Sexual Abuse: Evidence, Policy, and Practice*. Portland, OR: Willan Publishing.

### **Links:**

- Child and Parent Resource Institute (CPRI)  
<https://www.cpri.ca/families/programs-services/sexual-behaviours-team/recommended-res/>
- Dakota Children's Advocacy Center: Kids with Sexual Behavior Problems  
<https://www.dakotacac.org/services/kids-with-sexual-behavior-problems/>
- Darkness to Light: Child Sexual Abuse Statistics  
<https://www.d2l.org/the-issue/statistics/>



## **FAMILY DEVELOPMENT** Military Families Learning Network

Midwest Regional Children's Advocacy Center: Youth with Problematic Sexual Behaviors

<https://www.mrcac.org/elearning/ypsb/>

Nathanson Family Resilience Center

<https://nfrc.ucla.edu/>

National Center on the Sexual Behavior of Youth

<http://www.ncsby.org/content/what-problematic-sexual-behavior>

RAINN: If You Suspect A Child Is Being Harmed

<https://www.rainn.org/articles/if-you-suspect-child-being-harmed>

Raising Children

<https://raisingchildren.net.au/toddlers/development/sexual-development/concerned-about-sexual-behaviour>

Stop It Now!

<https://www.stopitnow.org/>

The National Center for Children and Families

<https://www.nccf-cares.org/>

The National Child Traumatic Stress Network: Sexual Abuse

<https://www.nctsn.org/what-is-child-trauma/trauma-types/sexual-abuse>

Thrive Parenting

<https://thrive.psu.edu/>

### **Blogs:**

Brown, C. (2017). How Childhood Trauma Affects Health across a Lifetime-A Pediatrician's View. *MFLN*

*Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2017/07/31/how-childhood-trauma-affects-health-across-a-lifetime-a-pediatricians-view/>

Brown, C. (2017). Preventing Child Abuse and Neglect: A Technical Package from the CDC. *MFLN Family*

*Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2017/08/14/preventing-child-abuse-and-neglect-a-technical-package-from-the-cdc/>

Dorman, R. (2014). Child Maltreatment Prevention. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2014/04/21/child-maltreatment-prevention/>

Hunter, C. & Radunovich, H. (2015). Preventing Child Maltreatment: A Public Health Approach. *MFLN Family*

*Development*. Retrieved from:



## **FAMILY DEVELOPMENT**

Military Families Learning Network

<https://militaryfamilieslearningnetwork.org/2015/11/16/preventing-child-maltreatment-a-public-health-approach/>

Morse, J. & Radunovich, H. (2014). What Encourages Disclosure of Childhood Sexual Abuse? *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2014/11/07/what-encourages-disclosure-of-childhood-sexual-abuse/>

Sobelson, B. (2018). Resource Discovery: Once I Was Very, Very Scared. *MFLN Family Development*.

Retrieved from:

<https://militaryfamilieslearningnetwork.org/2018/04/23/resource-discovery-once-i-was-very-very-scared/>

### **Podcasts/Webinars/Online Media:**

Burke, M. & Sobelson, B. VLE Session 1: Communicating Family Needs through Advocacy. *Military Families Learning Network*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/28005/>

Dinallo, J. (2018). Grow! Empowering Parents to THRIVE. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/21753/>

Dinallo, J. (2018). *Anchored*. Episode 12| Ready, Set, THRIVE! A Supportive Approach to Parenting. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/podcast/anchored-episode-12-ready-set-thrive-a-supportive-approach-to-parenting/>

Firman, C. (2014). Using Protective Factors to Inform Work with Child Maltreatment. *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/29636/>

Freitas, A. & Huda, S. (2019). Safe and Sound: Caring in Our Community| Kids Serve Too! *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/22076/>

Freitas, A. & Huda, S. (2018). Sesame Street Overview on Military Resources| Kids Serve Too! *MFLN Family Development and MFLN Family Transitions*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/22073/>

Hammond, C. & Trickey, D. What is Trauma and how does it affect The Brain? *Child in Mind Trauma Podcast*. *Anna Freud National Centre for Children and Families*. Retrieved from:

<https://www.annafreud.org/what-we-do/anna-freud-learning-network/childhood-adversity-and-trauma/child-in-mind-trauma-podcast/>

Goldberg, J. (2018). *Anchored*. Episode 16| Walking the PATHH: Exploring the Journey of Posttraumatic Growth. *MFLN Family Development*. Retrieved from:



## **FAMILY DEVELOPMENT**

Military Families Learning Network

<https://militaryfamilieslearningnetwork.org/podcast/episode-16-walking-the-path-exploring-the-journey-of-posttraumatic-growth/>

Gillece, J. & Mixon, K. (2014). What is Trauma and Why Must We Address It? (Part 1: Implications for Clinical Practice). *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/29655/>

Marlotte, L. (2018). Polishing our Protective Shields: Exploring Ways to Protect Youth from Violence. *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/20313/>

Martin, S. (2014). Sexualized Behavior in Children. *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/29642/>

McPherson, G. (2019). The Trauma Therapist| Podcast. *Podcast Series*. Retrieved from:

<https://www.thetraumatheapistproject.com/podcasts/>

Merrick, M. (2017, August 17). The Buffer Zone: What Adverse Childhood Experiences (ACEs) Study Teaches Us About Maximizing Health & Wellbeing. *MFLN Family Development*. Retrieved from:

<https://learn.extension.org/events/3027>

Mogil, C. (2017). From Diapers to Diplomas: Exploring Resilience in Military Families. *MFLN Family Development*. Retrieved from: <https://militaryfamilieslearningnetwork.org/event/27283/>

Renk, K. (2014). Trauma in young Children Under 4-Years of Age: Attachment, Neurobiology, and Interventions. . *MFLN Family Development*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/29945/>

Tedeschi, R. (2018). Opportunities & Possibilities: Posttraumatic Growth in Research and Practice (Part 1). *MFLN Caregiving, MFLN Family Development, and MFLN Family Transitions*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/event/22082/>

Tolles, J. (2016). Finding Courage to Talk About Child Sexual Abuse. *Tedx Talks*. Retrieved from:

<https://www.youtube.com/watch?v=hGRO79qsqTI>

Waugh, C. (2017). Bending, Not Breaking: Resilience and the Role of Positive Emotions during Times of Stress. *2017 MFLN Virtual Conference*. Retrieved from:

<https://militaryfamilieslearningnetwork.org/2017virtualconference/waugh/>

### **Additional Documents:**

American Academy of Pediatrics. (2009). Clinical Report – The Evaluation of Sexual Behaviors in Children. Retrieved from: <http://pediatrics.aappublications.org/content/124/3/992>

American Academy of Pediatrics. (2016). Sexual Behaviors in Young Children: What's Normal, What's Not?. Retrieved from:

<https://www.healthychildren.org/English/ages-stages/preschool/Pages/Sexual-Behaviors-Young-Children.aspx>



- Association for the Treatment of Sexual Abusers. (2017). Children with Sexual Behavior Problems. Retrieved from: <http://www.atsa.com/children-sexual-behavior-problems>
- Child and Parent Resource Institute (CPRI). (2016). Talking with your Child about Sexuality. Retrieved from: [https://www.cpri.ca/files/4914/5279/0372/Talking\\_to\\_Your\\_Child\\_about\\_Sexuality\\_accessible\\_Jan2016.pdf](https://www.cpri.ca/files/4914/5279/0372/Talking_to_Your_Child_about_Sexuality_accessible_Jan2016.pdf)
- Child and Parent Resource Institute (CPRI). What They Need to Know and When. Retrieved from: [https://www.cpri.ca/files/7814/5073/4064/What\\_They\\_Need\\_to\\_Know\\_and\\_When-accessible.pdf](https://www.cpri.ca/files/7814/5073/4064/What_They_Need_to_Know_and_When-accessible.pdf)
- Child Welfare Information Gateway. (2012). Trauma-Focused Cognitive Behavioral Therapy for Children Affected by Sexual Abuse or Trauma. Retrieved from: <https://www.childwelfare.gov/pubPDFs/trauma.pdf>
- Child Welfare Information Gateway. (2013). Parenting a Child Who Has Been Sexually Abused: A Guide for Foster and Adoptive Parents. Retrieved from: [https://www.childwelfare.gov/pubpdfs/f\\_abused.pdf](https://www.childwelfare.gov/pubpdfs/f_abused.pdf)
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- Healthy Children.org (2016). Sexual Behaviors in Young Children: What's Normal, What's not? Retrieved from: <https://www.healthychildren.org/English/ages-stages/preschool/Pages/Sexual-Behaviors-Young-Children.aspx>
- Kids Health. (2014). Understanding Early Sexual Development. Retrieved from: <https://kidshealth.org/en/parents/development.html>
- Lefkowitz, J. (2019). When Children Disclose Sexual Abuse. Retrieved from [https://www.socialworktoday.com/archive/exc\\_082712.shtml](https://www.socialworktoday.com/archive/exc_082712.shtml)
- Military One Source (2018). Guarding Against Child Sexual Abuse. Retrieved from: <https://www.militaryonesource.mil/family-relationships/family-life/preventing-abuse-neglect/guarding-against-child-sexual-abuse>
- National Children's Alliance (2018). Understanding Children and Youth with Problematic Sexual Behaviors. Retrieved from: <http://www.nationalchildrensalliance.org/wp-content/uploads/2018/03/2017-PSB-Fact-Sheet-Overview-3.pdf>
- Pennsylvania Coalition against Rape. (2018). Youth with Problematic Sexual Behavior. Retrieved from: [https://www.pcar.org/sites/default/files/resource-pdfs/tab\\_2018\\_youth-with-problematic-sexual-behavior.pdf](https://www.pcar.org/sites/default/files/resource-pdfs/tab_2018_youth-with-problematic-sexual-behavior.pdf)



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**Military Families Learning Network**

Pennsylvania Child Welfare Training Program. (2010). Investigative Interviewing in Child Sexual Abuse Cases. Retrieved from:

[http://www.pacwrc.pitt.edu/curriculum/203%20InvIntInCSA/Content/Final%20Content\\_2-10.pdf](http://www.pacwrc.pitt.edu/curriculum/203%20InvIntInCSA/Content/Final%20Content_2-10.pdf)

Sexual Behavior and Children: When Is It a Problem and What to Do About It (2012). Retrieved from:

<https://depts.washington.edu/hcsats/PDF/TF-%20CBT/pages/3%20Psychoeducation/Child%20Sexual%20Behaviors/Sexual%20Behavior%20and%20Children.pdf>

The National Child Traumatic Stress Network (2018). Sexual Abuse. Retrieved from:

<https://www.nctsn.org/what-is-child-trauma/trauma-types/sexual-abuse>

The National Child Traumatic Stress Network (2018). Sexual Development and Behavior in Children: Information for Parents and Caregivers. Retrieved from:

<https://www.nctsn.org/resources/sexual-development-and-behavior-children-information-parents-and-caregivers>

Washington Coalition of Sexual Assault Programs (2015). Helping Families Understand and Respond to Children's Sexual Behaviors. Retrieved from:

<http://www.wcsap.org/helping-families-understand-and-respond-children%E2%80%99s-sexual-behaviors>

Youth Today. (2015), How to Tell If Child's Sexual Behavior Is Age-appropriate. Retrieved from:

<https://youthtoday.org/2015/02/how-to-tell-if-childs-sexual-behavior-is-age-appropriate/>