

Minimizing Holiday Chaos: Routine Management for Children with Special Needs

DECEMBER 11, 2019 | 11 a.m. ET



About this Webinar

For parents of children with special needs or disabilities, “spontaneous” and “carefree” are not words that can be associated with a holiday. Holidays can be chaotic for children with special needs particularly due to unfamiliarity, sensory overload and a lack of usual support systems. In fact, in a national survey released in November 2018, the New York University Child Study Center, reported that two-thirds (66%) of parents of children with Attention Deficit Hyperactive Disorder (ADHD) agreed that getting their child back into a normal routine after time away from school is difficult and more than half reported being frustrated while helping their child through daily activities (Adamec, 2018).

Learning Objectives:

- Establish and maintain structure within the home for all year.
- Prepare children for changes and quick transitions to unfamiliar activities.
- Reduce the impact of unfamiliarity and sensory overload.
- Manage behavior during travel, family visits and social outings.

Presenter

Lakshmi Mahadevan, Ph.D.
Associate Professor & Extension Specialist, Special Populations
Family & Community Health
Texas A&M AgriLife Extension Service

EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/52247/>

HOW TO JOIN

To join the webinar use the ‘**Event Location**’ link above and follow all directions within this site. Participants are able to connect to the webinar through our Zoom webinar platform or through YouTube Live. The interactive webinar platform allows for engagement with presenters and other participants while YouTube Live is a broadcast only.

CONTINUING EDUCATION CREDIT

- The MFLN Military Caregiving concentration will apply for continuing education (CE) credit from the UT Austin Steve Hicks School of Social Work for credentialed and licensed professionals.
- This program has been submitted to the Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hours.
- Certificates of completion will also be available for participants interested in receiving training hours.

