

# RESILIENCE

SERIES

This groundbreaking webinar series brings together three pre-eminent resilience theorists and researchers to share insight on addressing barriers, identifying various systems and promoting protective factors to support **individual, family and community resilience**.



## Continuing Education Credits

Each of the three webinars will be submitted for programming approval for 1.5 CEU credits which will be obtained for Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists from the **UT Austin Steve Hicks School of Social Work**. Check with your state licensing agency for reciprocity and/or credit approval if licensed for other professions or in one of the following states: CO, FL, HI, IA, KS, KY, MI, NY, ND, OH, OK

MFLN will be offering 1.5/1 Contact Hours/CEUs from the **National Council on Family Relations to Certified Family Life Educators (CFLE)**.

This program has been submitted to the **Commission for Case Manager Certification** for approval to provide board certified case managers with 1.5 clock hours.

**Certificates of completion** will also be available for providers

[MilitaryFamiliesLearningNetwork.org/ResilienceSeries](http://MilitaryFamiliesLearningNetwork.org/ResilienceSeries)



**MILITARY FAMILIES**  
LEARNING NETWORK

## Nurturing Individual Resilience from a Multisystem Developmental Perspective

**AUGUST 20, 2019**

**11:00 a.m. - 12:30 p.m. Eastern**

**Dr. Anne Masten** will discuss contemporary perspectives on resilience from a developmental systems perspective. Findings from research on resilience in children and parents will be summarized along with its implications for practice. The striking similarity of resilience factors observed in research on individual and family resilience will be discussed. A resilience framework for action will be presented, emphasizing strategies for promoting resilience, both generally and in the context of military service.



## Nurturing Family Resilience Through a Strengths-Based Framework

**AUGUST 22, 2019**

**11:00 a.m. - 12:30 p.m. Eastern**

This webinar will present core principles and guidelines in **Dr. Froma Walsh's** research-informed Family Resilience Practice Framework, identifying key relational processes that couples and families can build for resilience through difficult times. Discussion, with illustrations, will highlight the core strengths — shared beliefs, practices, and resources — that facilitate coping and positive growth.



## Nurturing Resilience Through a Strong Community

**AUGUST 27, 2019**

**11:00 a.m. - 12:30 p.m. Eastern**

In this webinar, **Dr. Michael Ungar** explores a dozen of the most important factors that contribute to the resilience of individuals and their communities. Dr. Ungar will show that resilience is a reflection of how well individuals, families, employers and communities work together to help people navigate to the resources they need.

