JUNE 30, 2020
11:00 a.m. - 12:00 p.m. ET

PROFESSIONAL DEVELOPMENT

Examine challenges and barriers for women service members seeking help.

EVENT LOCATION
https://militaryfamilieslearningnetwork.org/event/69337/

WARRIOR WELLNESS:
MENTAL HEALTH AND WOMEN IN THE U.S. MILITARY

Women play a pivotal role in military operations, and their experiences and responses may differ from their male counterparts. This webinar looks at how mental health manifests differently for women, in particular women in the military.

The first webinar in this series, Women in the Military: Special Contributions and Unique Challenges, was recorded and is available for viewing.

PRESENTER

Mary Mattson, LICSW, has worked as the Director of Psychological Health at the 133 Airlift Wing, Minnesota Air National Guard, in Saint Paul, Minnesota for the past 8 years. She also serves as the Wing's coordinator for the Suicide Prevention Program. Ms. Mattson's clinical interests and past professional experiences include working with adults and teens experiencing anxiety, depression, eating disorders, PTSD and trauma, Interpersonal Violence/Intimate Partner Violence (IPV), and behavioral health work with military and First Responders.

CONTINUING EDUCATION CREDIT

MFLN Family Transitions has applied for 1.0 CE credits from:

- UT Austin Steve Hicks School of Social Work, offering CE credits for Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists
- National Council on Family Relations offering CFLEs.
- A Certificate of Completion will be available for providers interested in documenting their professioinal development.

Please check the event page for the most recent updates on CE credits.

RSVP TODAY!

FAMILY TRANSITIONS
Military Families Learning Network

This material is based upon work supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, and the Office of Military Family Readiness Policy, U.S. Department of Defense under Award Numbers 2015-48770-24 and 2019-48770-30366.