



MILITARY FAMILIES
LEARNING NETWORK

**Moving Toward
Inclusive Practice** *with* Dr. Anne Phibbs



Listening

What does it mean to “attend” and listen, and listen deeply?

Can we listen deeply enough so we can pick up even beyond what is being said? Are there ways that we can practice that?

*How do you listen for values?
(an exercise will be shared)*

What’s the stuff I never wanted to look at?



Humility

What does it mean to take up space linguistically?

How can helping professionals, in structural situations, practice vulnerability and humility?

How can I push myself to have those types of conversations?



Seeking out Stories

How do we start these conversations with other people?

How do we have these conversations with our staff?

How do we bring stories “into our own”?



Engaging with Others

How do we start engaging people in marginalized communities and why is that important?

Are we growing as a provider?

What does it mean to “come in differently?”



Asking Questions

Why do we get scared to ask questions?

What is best practice when we check in with someone?

What is magic thinking?

Are helping professionals able to tell a well-meaning question from one with judgment behind it?