



U.S. DEPARTMENT
OF DEFENSE



Sesame Street and You: Caring for Each Other During COVID-19 and Other Emergencies

September 30, 2020

Additional Resources

Presenters

Sabrina Huda, Project Director for various Sesame Workshop initiatives

Melanie Gertzman, Project Coordinator for Sesame Workshop's US Social Impact department, focusing her time on Sesame Street for Military Families

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Articles & Books

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Blogs

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Croymans, S. (2020, March 21). [Are You Prepared to Provide Mental Health First Aid?](#) [Blog Post]. Military Families Learning Network Family Transitions.

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Goble, K. (2020, May 25). [Resource Discovery: Caring for Each Other Initiative](#). [Blog post]. Military Families Learning Network Family Development.

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Lingras, K. (2020, July 25). [Talking to Children About Racism](#). [Blog post]. Military Families Learning Network Family Transitions.

Michaels, C. (2020, April 4). [Taking Care of yourself in the time of COVID-19](#). [Blog Post]. Military Families Learning Network Family Transitions.

O'Neill. (2020, September 15). [Financial Preparedness and Natural Disasters](#). [Blog post]. Military Families Learning Network Personal Finance.

Rea, J. (2020, September 28). [Preparing Military Families for Natural Disasters by Utilizing Resiliency Skills](#). [Blog post]. Military Families Learning Network Family Transitions.

Rea, J. (2019, September 5). [Collaboration: Breaking Down Silos and Building Networks to Support Military Families](#). [Blog Post]. Military Families Learning Network Family Transitions.

Rea, J. (2019, July 18). [Helping Military Families Become More Resilient Through Various Transitions](#). [Blog Post]. Military Families Learning Network Family Transitions.

Shirer, K., (2019, August 29). [Resilience Matters for Military Families](#). [Blog Post]. Military Families Learning Network Family Transitions.

Williams, C. (2020, September 9). [In-Person Learning for Young Children During a Pandemic](#). [Blog post]. Military Families Learning Network Family Development Early Intervention.

Podcasts

Bertsch, R. & Beckendorf, J. (2020). Practicing Connection in a Complex World. [Podcast Series]. Military Families Learning Network Network Literacy.

- [Community Resilience \(Ep. 3\)](#). (2020, September 10).
- [Collaboration \(Ep. 2.\)](#). (2020, August 1).
- [Transformational Relationships \(Ep. 1\)](#). (2020, July 1).

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Military Families Learning Network Family Development. (2020, September 14). [Anchored Episode 20: Supporting Teens During COVID-19 with Dr. Stephen Cozza and Sarah Steward](#). [Podcast].

Military Families Learning Network Family Development. (2020, September 23). [Anchored Episode 21- Sesame Street: Traumatic Experiences and Resilience with Rocio Galarza](#). [Podcast]

Rea, J. & Lester, P. (2020, January 1). [FOCUSing on Strengthening military Families from a Family Systems Perspective](#). [Podcast]. Military Families Learning Network Family Transitions.

Rea, J. & MacDermid Wadsworth, S. (2020, June 1). [A new Initiative: Families Tackling Tough Times Together](#). [Podcast]. Military Families Learning Network Family Transitions.

Rea, J. & Mancini, J. (2019, September 16). [A Refocus on the Intersection of Vulnerabilities and Resilient Factors of the Heterogeneous Military Family](#). [Podcast]. Military Families Learning Network Family Transitions.

Videos

Croymans, S. (2019, May 31). [The Seven Crucial C's of Resilience in Children & Teens](#). [Video]. Military Families Learning Network Family Transitions.

Department of Homeland Security. (n.d.). [Preparedness Videos](#).

Naval Station Great Lakes Public Affairs. (2020, September 24). [National Preparedness Month: Teach Your Kids](#). [Video].

FEMA. (2013, November 18). [Preparing Makes Sense For Military Families](#). [Videos].

Sesame Street in Communities

- [Family Emergency Kit: Sesame Street: Let's Get Ready!](#) (2014, October 7).
- [Fluffster Wears a Mask](#)
- [Here for Each Other](#)
- [Heroes in Your Neighborhood](#)
- [A Hurricane Comes to Sesame Street](#)
- [Knowing First & Last Names](#)
- [Lets Get Ready](#) video series

- [Offering Comfort in Stressful Times](#)
- [Sesame Street: Grover and Rosita - Emergency Preparedness](#) (2008, December 17).
- [Washy Wash](#)

Web Resources

- American Academy of Child & Adolescent Psychiatry.
 - [Disaster: Helping Children Cope](#). (2020, May). [Webpage].
- American Academy of Pediatrics.
 - [Children & Disasters: Disaster Preparedness to meet children's needs](#). [Webpage].
- Centers for Disease Control and Prevention (CDC).
 - [Caring for Children in a Disaster](#). [Webpage].
 - [Coping with Disaster](#). [Webpage].
 - [CDC and Children in Disasters](#). [Webpage].
- Child Care Aware of America.
 - [Tools, Publications and Resources](#). [Webpage].
- Department of Homeland Security
 - [Plan and Prepare for Disasters](#). [Webpage].
 - [Kids' Corner: Helping When Disaster Strikes](#). [Webpage].
- DisasterAssistance.gov.
 - [Children and Families](#). [Webpage].
- [Extension Disaster Education Network \(EDEN\)](#). [Website].
- Federal Emergency Management Agency (FEMA).
 - [Emergency Planning with Children](#). [Webpage].
 - [Welcome to Ready Kids!](#) [Webpage].
- Military One Source.
 - [A Children's Guide to Coping With Disasters](#). [Webpage].
 - [Department of Defense Emergency Preparedness Guide](#). [Booklet].
 - [Emergency Family Assistance](#). [Article].
 - [When Disaster Strikes - Personnel Accountability Infographic](#).
- National Child Traumatic Stress Network (NCTSN).
 - [Disasters](#). [Webpage].
 - [What is Child Trauma?](#) [Webpage].
- National Institute of Mental Health.
 - [Helping Children and Adolescents Cope with Disasters and Other Traumatic Events: What Parents, Rescue Workers, and Community Can Do](#). [Webpage].
- Public Health Emergency.
 - [National Advisory Committee on Children and Disasters](#). [Webpage].
- Ready.gov.
 - [Helping Children Cope](#). [Webpage].
 - [Welcome to Ready Kids!](#) [Webpage].
- [Sesame Street](#) [Website].
 - [Caring for Each Other](#). [Webpage].
 - [Sesame Street for Military Families](#). [Webpage].
 - [Sesame Street in Communities](#). [Webpage].
 - [COVID-19: Everyday Challenges](#). [Webpage].
 - [Handling Emergencies](#). [Webpage].
 - [Health Emergencies](#). [Webpage].
 - [Heroes for Health](#). [Webpage].

Webinars

Child Care Aware. (2017, August 30). [Child Care Disaster Response and Recovery Webinar Series](#).

Military Families Learning Network Family Development Early Intervention. (2020, September 29). [Let's work Together: Building Relationships with Families to Support Positive Behavior](#).

Military Families Learning Network (2020). [Military Family Readiness Academy webinar series: Disaster and Hazard Readiness Foundations](#):

- [Disaster and Hazard Readiness 101](#). (2020, September 16).
- [Impacts and Responses in Disaster and Hazard Readiness](#). (2020, October 28).
- [Planning for the Worst, Hoping for the Best](#). (2020, November 18).

Military Families Learning Network & Sesame Street. (2018-2019). [Kids Serve Too! webinar series](#):

- [Sesame Street Overview on Military Resources](#). (2018, December 6).
- [Safe and Sound: Caring in Our Community](#). (2019, January 17).
- [Home is Where Your Heart Is](#). (2019, April 19).
- [At Our Best: Caregiving Today](#). (2019, July 10).
- [Engaged & Extraordinary: Supporting Young Children with Autism and Other Developmental Disabilities](#). (2019, November 14).

[Sesame Street in Communities webinars](#).

- [Everyday Challenges: Helping Families Thrive Through COVID-19 and Beyond](#). (2020, July 8).
- [Hand in Hand](#). (2018, October 31).
- [Handling Emergencies with Andrew Roszak \(from Child Care Aware\)](#)
- [Using SSIC's Health Emergencies](#). (2020, April 1).