



*The Department of Defense has contracted with the NCTSN Academy to assist FAP, NPSP, CDP, DAVA, DoDEA, MCIO, MFLC, and behavioral health staff in providing military families access to trauma-informed care and evidence-based treatments through an innovative IT platform that utilizes social networking, web conferencing, as well as learning management.*

*The Academy includes 6 components of learning, with learners using the knowledge gained in one as building blocks for subsequent learning and practice:*

1. Foundational Knowledge
2. Application of the 12 Core Concepts on Childhood Trauma
3. Protective Factors Framework for Military
4. Skills for Psychological Recovery
5. Alternatives for Families: a Cognitive Behavioral Therapy
6. **Problematic Sexual Behavior Involving Children and Youth**

**Continuing Education credits are available for the PSBCY course:** 4 credits/contact hours for social workers, counselors, psychologists, and nurses\*

\*This nursing continuing professional development activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) Activity #2020-0000000461

**For questions regarding this project, e-mail [help@nctsnacademy.org](mailto:help@nctsnacademy.org)**

## Problematic Sexual Behavior Involving Children and Youth Course

The goal of the National Child Traumatic Stress Network (NCTSN) Academy on Child Traumatic Stress (Academy) is to provide workforce training on trauma-informed care to the Department of Defense (DoD) Family Advocacy Program (FAP), New Parent Support Program (NPSP), Domestic Abuse Victim Advocate (DAVA), Child Development Program (CDP), Department of Defense Education Activity (DoDEA), Military Criminal Investigative Organization (MCIO), Military Family Life Consultant (MFLC), and behavioral health staff on child traumatic stress. The Problematic Sexual Behavior Involving Children and Youth (PSBCY) course lays the foundation for understanding PSBCY, a multidisciplinary team (MDT) approach to addressing PSBCY, PSBCY in the context of development, and practitioner best practices surrounding PSBCY. In addition to webinar content, additional resources for providers as well as families are available.

### The Problematic Sexual Behavior Involving Children and Youth Course:

- Is available to all FAP clinical staff and NPSP staff, as well as DAVA, CDP, DoDEA, MCIO, MFLC, and behavioral health staff
- Consists of eight self-paced webinars
- Is accessible on demand through the Academy website
- Features opportunities to learn with and from other FAP, NPSP, DAVA, CDP, DoDEA, MCIO, MFLC, and behavioral health staff
- Has an estimated completion time of 4 hours (recommend a maximum of 2 hours per week, over 2-3 weeks)

### The Problematic Sexual Behavior Involving Children and Youth Course Course helps FAP, NPSP, DAVA, CDP, DoDEA, MCIO, MFLC, and behavioral health staff deliver trauma-informed care by sharing principles and resources on:

- The expanded role of FAP for supporting families impacted by PSBCY
- PSBCY definitions and developmental differences of PSBCY
- Prevention and intervention approaches for PSBCY
- The importance of parental engagement to address PSBCY
- Value-based decision making