



Sesame Street: Traumatic Experiences and Resilience with Rocio Galarza | Anchored Episode 21

Episode Links and Materials

Sesame Street Initiatives

- **Sesame Street for Military Families (SS4MF)**
www.sesamestreetformilitaryfamilies.org
- **Sesame Street in Communities (SSIC)**
www.sesamestreetincommunities.org

Examples of Topics

- **SS4MF: Self Expression**
<https://sesamestreetformilitaryfamilies.org/topic/self-expression/>
- **SS4MF: Family Health and Wellness**
<https://sesamestreetformilitaryfamilies.org/topic/wellness/>
- **SSIC: Traumatic Experiences**
<https://sesamestreetincommunities.org/topics/traumatic-experiences/>
- **SSIC: Resilience**
<https://sesamestreetincommunities.org/topics/resilience/>
- **SSIC: Offering Comfort**
<https://sesamestreetincommunities.org/topics/comfort/>
- **SSIC: Health Emergencies**
<https://sesamestreetincommunities.org/topics/health-emergencies/>

Interactives

- **SS4MF: Feeling Faces Game**
<https://sesamestreetformilitaryfamilies.org/game/feeling-faces/>
- **SS4MF: Mood Monster**
<https://sesamestreetformilitaryfamilies.org/game/mood-monster/>

Activities

- **SS4MF: Game | Play Comfy-Cozy Nest**
<https://sesamestreetformilitaryfamilies.org/game/big-birds-comfy-cozy-nest/>
- **SSIC: Comfy-Cozy Nest Workshop | Watch Comfy-Cozy Nest**
<https://sesamestreetincommunities.org/topics/traumatic-experiences/?activity=comfy-cozy-nest>
- **SSIC: Workshop Example | Taking Care**
<https://sesamestreetincommunities.org/topics/traumatic-experiences/?activity=taking-care>
- **SSIC Provider Activity | R is for Resilience**
<https://sesamestreetincommunities.org/topics/resilience/?activity=r-is-for-resilience-provider>
- **SSIC: Resilience Activity | Furry Fuzzy Hugs**
<https://sesamestreetincommunities.org/topics/resilience/?activity=furry-fuzzy-hugs-2>

Apps

- **Sesame Street App Page**
<https://apps.apple.com/us/developer/sesame-street/id339077104>