

The Outpost

Disaster and Hazard Readiness Foundations

Ready for Change

Ready for a breath of fresh air?

Me too!

As we head into the resurgence phase of Massimi and Keam's asset-based recovery model, we are doing so as individuals and communities filled with hope and ready for action. Resurgence is intentional action—we look at what we've learned through crisis and discovery, and think about what we can do better. We revisit those feelings and dependencies from our time in crisis. We remind ourselves of the gifts we have recognized in ourselves and



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others during discovery, and recall those feelings of confidence that came with the skills, connections, and new patterns that emerged as we created new normals.

Massimi and Keam warn that there is a lot of uncertainty when thinking about resurgence and recovery, and most often we default to using an old, familiar framework that we tweak to fit our new situation. The challenge is to innovate, and to change.

The pandemic has brought us to experiences we never had before. A resurgent response is to recognize that the uniqueness of the situation requires unique action for recovery. The constraints of crisis inspire the creativity of discovery and resurgence, inspiring innovation and growth in our communities. The way I see it, when we enter into resurgence, the result is change.



As you consider renewal and recovery for your community—whether it's your actual community, your workplace, your family, your schools—think about the following questions:

- What changes have occurred during the pandemic that you actually don't want to lose?
- What have you needed in your communities in the past that you now have?
- What challenges have come to light that need to be addressed, especially with a growth mindset?
- Simultaneously, what gifts, capacities, and skills have come to light that can help address the new challenges you see?

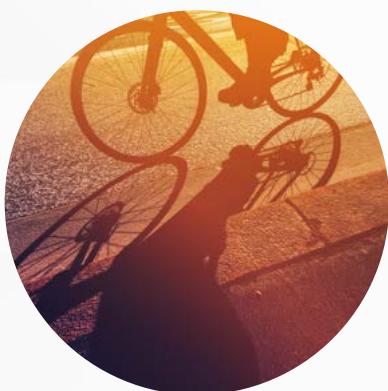


Would you like to share? We'd love to hear from you!

Join us over at The Outpost Online to chat. And I hope to see you in Wednesday's session! Dr. Angie Lindsey returns with Dr. Keith Tidball to discuss impacts and responses in disaster and hazard readiness. Keith will be sharing and discussing a case study related to his experiences responding to and participating in recovery efforts for Hurricanes Katrina and Sandy. He'll also be discussing military involvement in both disasters, with an emphasis on military families implications.

In good health,
Brigitte
Director of Program Development and Evaluation
Military Families Learning Network

Massimi, J., and Keam, H. (2020). Asset-based community recovery framework. Tamarack Institute:
<https://www.tamarackcommunity.ca/library/asset-based-community-development-recovery-framework> (accessed September 2020).



Sanity Second

Keep moving. Go for a walk or bike ride around your community, and say hello and check in on a neighbor to see how they're doing.

Resources from the Military Families Learning Network

Resilience webinar series

<https://militaryfamilieslearningnetwork.org/2019/06/30/exploring-resilience/>



Exploring Resilience blog post

<https://militaryfamilieslearningnetwork.org/2019/06/30/exploring-resilience/>

Child & Youth Programs Embed 7 C's of Resiliency podcast

<https://militaryfamilieslearningnetwork.org/podcast/7-cs-of-resiliency/>

Helping Military Families Become More Resilient Through Various Transitions blog post

<https://militaryfamilieslearningnetwork.org/2019/07/18/helping-military-families-become-more-resilient-through-various-transitions/>

Building Networks for Resilience webinar series

Session 1: <https://militaryfamilieslearningnetwork.org/event/20222/>

Session 2: <https://militaryfamilieslearningnetwork.org/event/22737/>



FAQ

Registration opens for the 2021 Military Family Readiness Academy today! Join us for the second part of the disaster and hazard readiness series in February and March. More info on the sessions, dates and times, and how to register can be found here:

<https://militaryfamilieslearningnetwork.org/mfra2021/>

Have other questions? Email us at MilFamLN@gmail.com.