

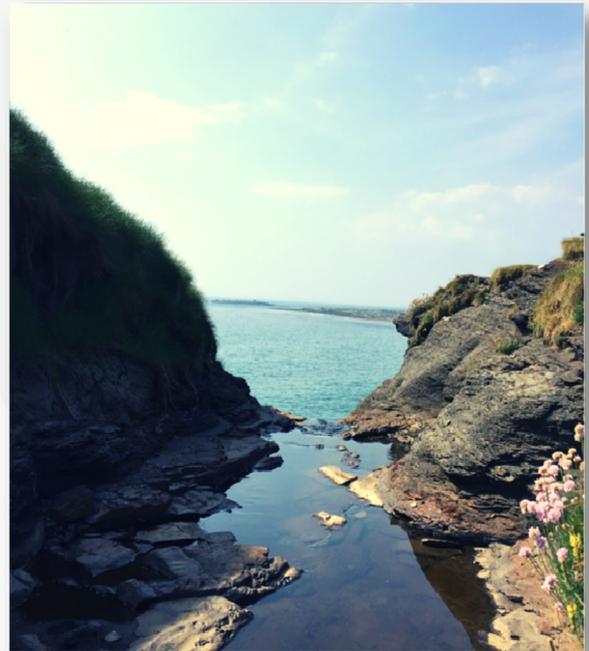
The Outpost

Disaster and Hazard Readiness in Action

The Home Stretch

Greetings!

It is the final week of the Military Family Readiness Academy series Disaster and Hazard Readiness in Action. We here at the MFLN have learned so much over the course of this two-part series, and we hope you have as well. Starting with our foundations series in fall 2020, we've been coming together periodically for seven months now to discuss disaster and hazard management, response, and recovery. An important part of that learning process has been the unique ability to learn about, discuss, and reflect on these topics while simultaneously experiencing the COVID-19 disaster in our lives.



IN THIS OUTPOST:

The Home Stretch | 1
Sanity Second | 2
More from the MFLN | 3

Our capstone session for the 2021 Academy series is this Wednesday, March 31, at 11 am ET. This session will highlight the insights you all shared during the three asset-based community recovery workshops and also throughout the series sessions in the live chats. If you had an opportunity to attend one of the workshops, you will have thought about and discussed four questions:

- Do you have a story that comes out of your pandemic experience that inspires hope?
- What has happened that you don't want to lose?
- What unknown assets have come to life?
- What did you need or wish for during the pandemic that your community can provide now?



Several big ideas about recovering from disaster as professionals and community members emerged from all this discussion:

- ground yourself in your strengths and values;
- make deep connections;
- adapt, flex, and be resilient;
- apply technology to community, and community to technology;
- invest time in leisure, in learning, and in yourself;
- share the work (and love);
- and watch for opportunities to think big.

These themes, along with action steps and stories, will be the focus of the capstone on Wednesday. You don't need to have attended a workshop to attend the capstone session: there will be plenty to learn, share, and discuss! The MFLN Network Literacy team will lead the session, and will be sharing an amazing resource they've crafted based on the insights you have shared during this series.

Please join us for this final Academy session! You can register and learn more about the session [here](#).

Sanity Second

*Compassion is a quality we can grow;
spend some time nurturing it today.*



More from the MFLN

Here are some additional resources on resilience, capacity building, and collaboration:

- Virtual conference: [Relationships for Readiness](#)
 - Webinars: [Resilience Series](#)
 - Podcast: [Community Resilience](#)
 - Blog: [Collaboration: Breaking Down Silos and Building Networks to Support Military Families](#)
 - Blog: [Resource Discovery: Sesame Street in Communities](#)
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