

NETWORK NEWS

UPCOMING EVENTS:

JUNE 10 Ideas for Implementing Triadic Strategies: Putting it Into Action!
11:00 am - 12:30 pm ET

JUNE 15 Your Money, Your Clearance
11:00 am - 12:30 pm ET

JUNE 22 Navy Operational Fitness and Fueling System: Physical Readiness
11:00 am - 12:00 pm ET

JUNE 30 Back to School 2021 - Getting Ready for Virtually Anything
11:00 am - 12:00 pm ET

JULY 13 Helping Military Consumers Avoid Scams and Navigate Finances
11:00 am - 12:30 pm ET

JULY 20 Emerging Evidence for the Use of the Ketogenic Diet in Chronic Disease
11:00 am - 12:00 pm ET

Getting Started with Coaching in the Context of Routines and Activities

Caregiver coaching is promoted in the field of early intervention to enhance caregivers' ability to promote their children's development and learning. In our last blog, we provided an overview of the coaching model in early intervention and provided resources for more information. In this blog we focus on getting started with coaching and the importance of embedding coaching strategies within family routines and activities.

How do I get started?

- **Learn about coaching practices.** As noted, information about coaching practices can be reviewed in our previous blog.
- **Talk to families about coaching.** Rush and Shelden (2020), authors of *The Early Childhood Coaching Handbook*, emphasize that coaching is a mutual agreement that must be entered into by both providers and caregivers. An article by Dathan Rush provides more strategies and recommendations for preparing families for coaching, such as focusing on activities that require caregiver involvement during home visits.
- **Utilize tools, resources, and professional learning communities that support coaching practices.** This joint planning form is one example of a tool that can support coaching practices. Research has shown that providers benefit from engaging in reflection and feedback with other professionals about their coaching practices (Krick Oborn & Johnson, 2015; Marturana & Woods, 2012). Ongoing involvement in learning communities, peer mentoring, and/or peer coaching can provide opportunities for these supportive interactions among fellow providers.

Why should I embed coaching into routines and activities?

Under Part C of the Individuals with Disabilities Improvement Act (2004), early intervention services are required to occur in natural environments, such as the child's home, childcare, or other typical community settings. In 2008, a workgroup of professionals and researchers in early intervention offered guidance to providers to clarify what natural environment practices should look like. A common theme throughout this guidance is that intervention should occur within the

typically occurring routines and activities that children and families are already engaged. The Family Guided Routines Based Intervention (FGRBI) website has multiple resources related to routines that providers can access for more information.

Which routines and activities can be used for coaching?

There are no prescribed routines and activities in which coaching must occur. Each family engages in their own unique routines and activities. Early intervention providers should gather information about all families' routines and activities to individualize coaching. The Routines-Based Interview (RBI), developed by Robin McWilliam, is one tool that providers can use to gather information on typical routines and activities. Multiple resources and materials related to the RBI are available online at the Evidence-Based International Early Intervention Office (EIEIO) and the FGRBI websites.

What are the benefits of coaching during routines and activities?

- Using routines naturally promotes family involvement
- Caregivers feel more prepared to use intervention strategies (Salisbury et al., 2018)
- Family routines are repetitive by nature which may lead to quicker child learning
- Real life occurs within routines, which sets the stage for more opportunities to practice and therefore addresses family priorities and challenges

Read more here!

REFERENCES:

- Krick Oborn, K. M., & Johnson, L. D. (2015). Coaching Via Electronic Performance Feedback to Support Home Visitors' Use of Caregiver Coaching Strategies. *Topics in Early Childhood Special Education, 35*(3), 157-169.
- Marturana, E. R., & Woods, J. J. (2012). Technology-Supported Performance-Based Feedback for Early Intervention Home Visiting. *Topics in Early Childhood Special Education, 32*(1), 14-23.
- Rush, D. D., & Shelden, M. L. L. (2011). *The Early Childhood Coaching Handbook*. Brookes Publishing Company, PO Box 10624, Baltimore, MD 21285.
- Salisbury, C., Woods, J., Snyder, P., Moddelmog, K., Mawdsley, H., Romano, M., & Windsor, K. (2018). Caregiver and Provider Experiences With Coaching and Embedded Intervention. *Topics in Early Childhood Special Education, 38*(1), 17-29.



MILITARY FAMILY READINESS
ACADEMY

11 Free Courses Available for Disaster and Hazard Readiness

The Academy course list has added 11 courses from the 2020 - 2021 Disaster and Hazard Readiness series. These courses cover the basics of disaster preparedness, impact and response, and dive deeper into family caregiving, personal finance, the community recovery aspect, and more!

Learn more about each of the courses and easily enroll via this link:

<https://militaryfamilieslearningnetwork.org/mfra/disaster/>

[NEWSBITES]



Recap of the Triadic Strategies

Triadic strategies are used by YOU, the EI/EC professional, to support and enhance caregivers' capacity to create positive, sensitive, and engaging interactions that support children's development. Learn more in this blog post.

Centers for Independent Living: Caregiver Support Services

Watch and listen as video blog (vlog) host, Lakshmi Mahadevan, Ph.D., speaks with Pat Morse, LMSW, about the importance of CILs and highlights specific topics and resources for parents and caregivers.

Military Family Readiness During and After COVID-19

Military Family Service Providers (MFSPs) can play an important role in supporting and guiding military families through the pandemic. This series of blog posts builds upon the webinar series, providing additional information for supporting military families through the pandemic.

Financial Capability Part 4: Are Your Clients Living on What They Make?

This blog post focuses on helping clients to determine whether they are living within their means. In other words, are they living on what they make or spending more than they have coming in?

Moving Toward Inclusive Practice - Engaging with Others

This episode is part of "Moving Toward Inclusive Practice with Dr. Anne Phibbs" a limited podcast series that can help you on your journey toward a more inclusive, culturally-informed way of working. Dr. Phibbs shares tips, ideas and resources to help you seek out diverse stories, practice humility, listen, ask questions and engage with others.

[Listen to this episode!](#)

New Podcast Episode!



Warm Collaboration

In this episode, we explore the concept of warm collaboration. In Nora Bateson and Mamphela Ramphele's article "Finding a Way," warm collaboration and warm data are important parts of an approach to environmental and social change centered in relationships. These concepts offer a way of seeing the world that draws on complexity, instead of seeking to simplify. They show us a way of thinking in which people are not numbers and a way of working together in which people are not roles.

[Listen to this episode!](#)

