



# A Close Look at Relationships

## SUPPORTING MILITARY COUPLES



## Millennium Cohort Family Study: The Impact of Military Life

This webinar will share the findings of the Millennium Cohort Family Study which provides an understanding of the military experience and its impact on the health and well-being of Service members and their families. Findings related to relationship quality, physical and psychological health among Service members, their spouses, and children will be explored.

Participants will:

- Become familiar with the Millennium Cohort Family Study.
- Discuss the impact of military life on spouse mental health, especially for those who may be caregiving for a partner with mental health issues.
- Learn about aspects of military life that influence marital relationship quality and stability.
- Discover impacts of military life on career outcomes.
- Understand the process of transitioning from service for spouses and children.

**FEBRUARY 01, 2022**

11:00 a.m. - 12:30 p.m ET

Event Page:

[MilitaryFamiliesLearningNetwork.org/Event/111937](https://MilitaryFamiliesLearningNetwork.org/Event/111937)

Presenters:



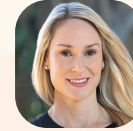
**Valerie Stander, Ph.D.**

Research Psychologist  
Naval Health Research Center



**Hope McMaster, Ph.D.**

Research Psychologist  
Millennium Cohort Family Study



**Jacqueline Pflieger, Ph.D.**

Senior Research Psychologist  
Naval Health Research Center

**Continuing Education Credit:**

This webinar will offer 1.5 CE credits from the following accrediting agencies:

- Certified Family Life Educators - NCFR
- UT Austin Social Work
- A certificate of completion will also be available

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