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The Changing World of Medicaid: Updates & Developments



Upcoming Event

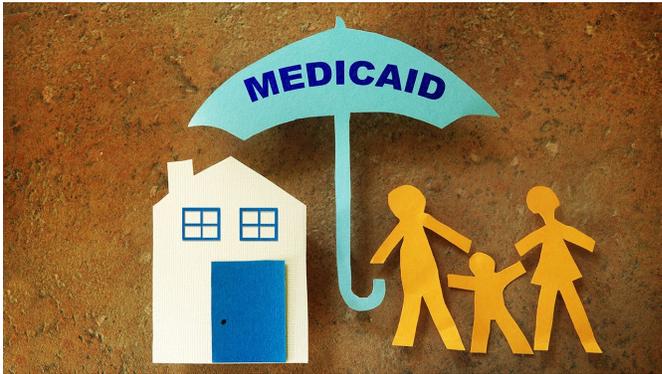
Brain Health: Understanding Military-Related TBIs
March 17, 2022



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The Changing World of Medicaid: Updates & Developments



Event Materials

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Continuing Education

This webinar has been approved to offer continuing education credit. Please stay tuned for more information.



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Today's Presenter



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THE CHANGING WORLD OF MEDICAID:

UPDATES & DEVELOPMENTS

Christopher Plein, Ph.D.

LEARNING OBJECTIVES

- Provide a general overview of the Medicaid program and how it is relevant to military families and communities.
- Provide updates on the Medicaid expansion efforts in various states that have resulted in increased coverage for eligible individuals and families.
- Review developments in Medicaid waiver programs that provide home and community-based services for those with disabilities and other care needs.
- Explore how Medicaid relates to addressing social determinants of health and is helping with the broader adoption of telehealth services.

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MEDICAID'S RELEVANCE TO THE MILITARY

- Medicaid shapes the broader healthcare landscape.
- In some circumstances, Medicaid coverage may supplement the TRICARE benefit.
- Medicaid coverage may be important for older family members or after separation from the military.
- Medicaid is ever changing, and new developments may be in store.

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Originally a safety-net program for the very poor, it has expanded over time to provide health coverage for low-income families and individuals, it now covers 20% of U.S. population.



Coverage for many with special needs: services are often provided through home and community-based services (HCBS) waivers



Jointly funded by federal and state government: federal government provides framework; states have wide discretion.

MEDICAID: AN OVERVIEW

Supplements health coverage benefits, including Medicare and TRICARE.

Provides for services not delivered in traditional medical settings, such as in-home care and some school-based services.

Trend-setter in the types of services covered and how they are delivered and coordinated.

Many state Medicaid systems are under fiscal stress and have limited capacity to meet demand.

MEDICAID: AN OVERVIEW

TRICARE AND THE MEDICAID SYSTEM

- TRICARE/DHA now relies greatly on private sector care – private sector care is influenced by Medicaid policies and practices.
- As Medicaid continues to reshape the healthcare landscape, effects will be felt in the military context.
- Specifically, this includes greater reliance on managed care organizations for healthcare delivery and coordination and growing reliance on home and community-based services for long term care.

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TRICARE AND MEDICAID: WRAP AROUND

- An estimated 867,000 individuals covered primarily through TRICARE were dually eligible for Medicaid in 2018.
- Of these, an estimated 220,000 were children.
- Medicaid may cover services not provided under the TRICARE benefit, including types of long-term care and supports for those with special needs.
- Medicaid and TRICARE systems do not always communicate well with each other.

Source: Medicaid and Chip Payment Access Commission (2020), Chapter 4 and p. 85.

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TRICARE AND MEDICAID: FRICTION

- TRICARE provides standard benefits and delivery models, Medicaid programs vary considerably across the states in terms of eligibility, benefits, and service models.
- TRICARE and Medicaid coordination has proven difficult due to various regulatory issues and due to the decentralized nature of Medicaid.

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FYI: MEDICAID AND VETERANS

- In 2018, an estimated 960,000 Medicaid beneficiaries also received services through the Veterans Health Administration.

Source: Medicaid and Chip Payment Access Commission (2020), p. 87

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MEDICAID EXPANSION

- Most states (39, including DC) have now expanded Medicaid through provisions and funding provided under the Affordable Care Act.
- This has been a game changer in extending benefits to lower-income adults with and without dependents.
- The remaining states that have **not** expanded Medicaid include some where there are high active duty military populations: Florida, Georgia, North Carolina and Texas.

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MEDICAID'S PRESENCE IN THE STATES

2019				
Location	Medicare	Medicaid	Uninsured	Military*
United States	14%	20%	9%	1%
California**	11%	26%	7%	1%
Florida	18%	17%	13%	2%
Georgia	13%	17%	13%	2%
North Carolina	15%	18%	11%	3%
Texas	11%	16%	18%	2%
Virginia**	15%	14%	8%	4%
Washington**	14%	20%	7%	2%

*Military includes those covered under the military or Veterans Administration; **Medicaid Expansion State

Source: Kaiser Family Foundation (2022)

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LONG-TERM CARE AND SUPPORT SERVICES

- In terms of wrap around coverage, Medicaid long-term care and support services may be especially important for military families.
- Through home and community-based services, Medicaid often plays an important role in augmenting care for families, including those in the military.
- These programs serve all segments of the population and may be especially important for children with special health needs and for older adults.

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MEDICAID WAIVERS: OPPORTUNITIES AND CHALLENGES

- These home and community-based services (HCBS) and related programs are allowed under certain federal guidelines in the Medicaid program. These are often called 1915(c) waivers.
- Demand for these services is often greater than supply as state's have a limited number of "slots" for eligible participants.
- ADMFs moving between states for PCS may face special challenges in accessing these services. States may or may not have waiver options.

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HCBS WAIVER TYPES

- Common HCBS waiver programs include:
 - *Intellectual and Developmental Disabilities (IDDW)*
 - *Aged and Disabled (ADW)*
 - *Traumatic Brain Injury (TBIW)*
 - *Serious Mental Illness/Serious Emotional Disorder (SMI/SED)*

See CMS State Profiles (2021) <https://www.medicaid.gov/state-overviews/state-profiles/index.html>

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OTHER WAIVER CHALLENGES

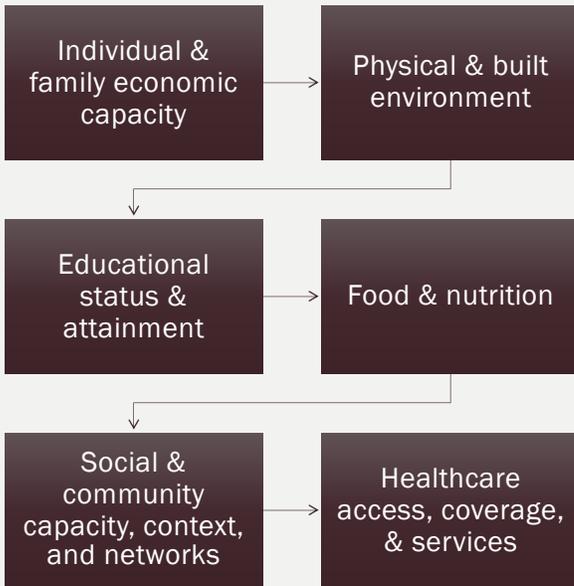
- The pandemic has added a new wrinkle to HCBS and related service delivery and access. This is due to staffing shortages and increased demand for non-institutional care.
- Ideally, Medicaid waiver programs should supplement and coordinate with TRICARE and other options. However, government analysis suggests that the systems don't always coordinate well (MACPAC 2020).

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THE FUTURE OF MEDICAID

- Medicaid has always been a work in progress and has been a platform for innovation and development.
- One big trend is a more holistic approach to healthcare delivery and support predicated on “The Social Determinants of Health” which include not only coverage, access, and treatment, but fundamental issues relating to health and well-being.
- Another big trend involves new modes of delivery, such as telemedicine and telehealth. The pandemic has highlighted the viability of this approach, but also some of the challenges involved.



Source: Adapted from Orgera and Artiga, Kaiser Family Foundation 2018

ASSESSING NEEDS: CONSIDERING THE SOCIAL DETERMINANTS OF HEALTH & WELL-BEING

<ul style="list-style-type: none"> Telehealth may become more widely adopted and accepted under Medicaid, Medicare, and other insurance providers. New case management and service approaches may emerge, especially in HCBS. May break down barriers to practice and health professional movement from one state to another. States may have to do more with less. Increased demand for Medicaid services will have to be met with limited and stressed fiscal resources due to the economy.	<h2>LONGER TERM IMPLICATIONS</h2> <p>23</p>
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<ul style="list-style-type: none">States have broad discretion to adapt, adjust, and initiate Medicaid during a national emergency. This may be done through State Plan Amendments (SPAs).Increased demand may lead to administrative delays.Coverage is not necessarily access (e.g., lack of providers, wait lists).Anticipate some changes will be temporary and may be phased out once the National Public Health Emergency is no longer in effect.	<h2>FOUR IMPORTANT CAVEATS</h2> <p>24</p>
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Families with special needs may utilize Medicaid waiver services that provide home and community-based care.

Non-dependent family members, such as older parents and relatives, may qualify.

Supports local healthcare infrastructure, especially hospitals and primary care clinics.

May create challenges for families moving from state to state due to varying practices and services

SUMMARY: MEDICAID & MILITARY FAMILIES

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CONCLUSIONS

- Medicaid is a major feature of our healthcare system.
- Medicaid is highly relevant to military families of all ages.
- Medicaid has proven flexible and adaptive over time.
- There is a need to coordinate and highlight the relationship between TRICARE and Medicaid as a form of dual and supplemental coverage.

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RESOURCES

- “Active Duty Family Members with Special Needs, Briefing Slide Presentation.” DHA/TRICARE (October 2021). <https://www.health.mil/Military-Health-Topics/Access-Cost-Quality-and-Safety/Information-for-Providers/TRICARE-Briefings>
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RESOURCES

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Evaluation & Continuing Education



This webinar has been approved for the following continuing education (CE) credits:

- **Social Work, LPC, LMFT:** 1.0 CE from the University of Texas at Austin, Steve Hicks School of Social Work for social workers, LPCs, and LMFTs.
- **Commission for Case Managers:** 1.0 CE for Case Managers from the Commission for Case Manager Certification (CCMC).
- **Board Certified Patient Advocates:** 1.0 CE from the Patient Advocate Certification Board to Board Certified Patient Advocates (BCPA).
- **Certified Family Life Educators (CFLE):** This program has been approved by the National Council on Family Relations (NCFR) for 1.0 CE credit for CFLE.
- **A certificate of completion**

Evaluation Link

Go to the event page for evaluation and post-test link.



Questions?

Email Rachel Brauner: rbrauner@ag.tamu.edu

<https://militaryfamilieslearningnetwork.org/event/116602/>



Upcoming Event

Brain Health: Understanding Military-Related TBIs



March 17, 2022

11:00 a.m. – 12:00 p.m. ET

Event Page:

<https://militaryfamilieslearningnetwork.org/event/118071/>

This webinar examines the VA and Military Health System (MHS) TBI pathway of care, current DoD understanding of concussion and symptom clusters, and provides resources for the management of concussion.

Continuing education credit will be available for this webinar!



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