

Recent Advances in Sustainable Diets and Nutrition
Webinar Resources
April 19, 2022

1. Carbon footprint of self-selected US diets: nutritional, demographic, and behavioral correlates. The American Journal of Clinical Nutrition, Oxford Academic.
<https://academic.oup.com/ajcn/article/109/3/526/5303906>
2. Can we feed the world and sustain the planet? A five-step global plan could double food production by 2050 while greatly reducing environmental damage.
http://web.mit.edu/12.000/www/m2019/pdfs/Foley_2011_ScientificAmerican.pdf
3. The Impacts of Dietary Change on Greenhouse Gas Emissions, Land Use, Water Use, and Health: A Systematic Review.
<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0165797>
4. Position of the Society for Nutrition Education and Behavior: The Importance of Including Environmental Sustainability in Dietary Guidance.
<https://doi.org/10.1016/j.jneb.2018.07.006>
5. Single-item substitutions can substantially reduce the carbon and water scarcity footprints of US diets.
<https://academic.oup.com/ajcn/advance-article/doi/10.1093/ajcn/nqab338/6459912>