

Suicide Prevention and Working with Military Families

Event Page: oneop.org/event/126282/

Slide 24: Resources for Terms and Definitions

DoDI 6490.16 | PDF

esd.whs.mil/Portals/54/Documents/DD/issuances/dodi/649016p.pdf?ver=2020-09-11-122632-850

DoDI 6400.09 | PDF

esd.whs.mil/Portals/54/Documents/DD/issuances/dodi/640009p.pdf?ver=2020-09-11-104936-223

CDC — Self-Directed Violence Surveillance: Uniform Definitions and Recommended Data Elements | PDF cdc.gov/violenceprevention/pdf/self-directed-violence-a.pdf

National Institute on Drug Abuse | Words Matter — Terms to Use and Avoid When Talking About Addiction

nida.nih.gov/nidamed-medical-health-professionals/health-professions-education/words-matter-terms-to-use-avoid-when-talking-about-addiction

RAND Corporation — Acosta, J.D., et. al. (2016). Assessing the Department of Defense's Approach to Reducing Mental Health Stigma rand.org/pubs/research_briefs/RB9881.html

RAND Corporation — Acosta, J.D., et. al. (2014). Mental Health Stigma in the Military rand.org/pubs/research_reports/RR426.html

Slide 33: Resources for Military & Civilian Suicide Data

DSPO — Quarterly Suicide Data dspomil.com/qsr/

The above resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

DSPO — Annual Suicide Report dspomil.asr/

Department of Defense Suicide Event Report (DoDSER)

health.mil/Military-Health-Topics/Centers-of-Excellence/Psychological-Health-Center-of-Excellence/Department-of-Defense-Suicide-Event-Report

CDC — Suicide Prevention Index cdc.gov/suicide/index.html

Slide 37: Suicide Data

CDC — Disparities in Suicide cdc.gov/suicide/facts/disparities-in-suicide.html

Slide 41: Firearms

VA/DoD — Clinical Practice Guidelines | Lethal Means Counseling: Recommendations for Providers

healthquality.va.gov/guidelines/MH/srb/LethalMeansProviders20200527508.pdf

Suicide Prevention Resource Center — CALM Training

sprc.org/resources-programs/calm-counseling-access-lethal-means

Walk The Talk America — Cultural Competence Towards “Gun Culture” walkthetalkamerica.org

DSPO — Firearm Retailer Toolkit dspomil/Tools/Download-Library/LethalMeansSafety/

Slides 42 and 43 — Drugs/Alcohol

DHA — Psychological Health Center of Excellence | Alcohol Misuse: Facts About Risky Drinking PDF

qmo.amedd.army.mil/substance%20abuse/22-001_04_AlcoholMisuse_SUD_CST_508.pdf

TRICARE Alcohol Awareness tricare.mil/HealthWellness/Substance-Abuse/Alcohol

Psychological Health Resource Center health.mil/PHRC | (866) 966-1020

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National Institute on Drug Abuse [drugabuse.gov](https://www.drugabuse.gov)

National Institute on Alcohol Abuse and Alcoholism (NIAAA) [niaaa.nih.gov](https://www.niaaa.nih.gov)

SAMHSA's National Helpline [samhsa.gov/find-help/national-helpline](https://www.samhsa.gov/find-help/national-helpline) | Provides 24-hour free and confidential information and treatment referrals in English and Spanish; Call 800-662-HELP (4357) or 800-487-4889 (TTY)

Slides 44 — Relationships

Military OneSource — Family Advocacy Program

militaryonesource.mil/family-relationships/family-life/preventing-abuse-neglect/the-family-advocacy-program

Military OneSource — “Re the We” | Rekindle, Repair, or Reset your Relationship

militaryonesource.mil/family-relationships/relationships/military-relationships-support

Military OneSource — Non-Medical Counseling

militaryonesource.mil/confidential-help/non-medical-counseling

Military OneSource — Military Family Life Consultants

militaryonesource.mil/confidential-help/non-medical-counseling/military-and-family-life-counseling

Building Healthy Relationships Consultations

militaryonesource.mil/confidential-help/specialty-consultations/building-healthy-relationships

OneOp Family Transitions – A Close Look at Relationships: Supporting Military Couples webinar series oneop.org/militarycouples

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Slide 46 — Additional Resources

VA/DOD Clinical Practice Guidelines: Assessment and Management of Patients at Risk for Suicide

healthquality.va.gov/guidelines/mh/srb/

DoD Announces Revision to Joint Travel Regulations Authorizing Transportation of Gun Safes

[defense.gov/News/Releases/Release/Article/3018914/dod-announces-revision-to-joint-travel-regulations-authorizing-transportation-o/](https://defense.gov/News/Releases/Release/Article/3018914/dod-announces-revision-to-joint-travel-regulations-authorizing-transportation-of/)

National Shooting Sports Foundation and American Foundation for Suicide Prevention | Suicide

Prevention Toolkit nssf.org/safety/suicide-prevention

Leaders Suicide Prevention Safe Messaging Guide | PDF

[dspo.mil/Portals/113/Documents/DSPO_LSP_SafeMsgGuid%20\(Final\).pdf](https://dspo.mil/Portals/113/Documents/DSPO_LSP_SafeMsgGuid%20(Final).pdf)

Military Health System health.mil | Information on substance use disorders and treatment

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