

The Caregiver Conflict: Tips for Providers Working with Families



ABOUT THIS WEBINAR

A caregiver identity comes with expectations and rules and sometimes conflicts with a caregiver's identity as a spouse, parent, sibling, etc. Becoming a caregiver often forces individuals to become advocates, nurses, and protectors, which can impact their role as a spouse, partner, friend, or parent. As you work with caregivers, explore how they feel about this new identity.

Professionals can help caregivers understand the conflict they feel when their identities are in conflict with each other. Learn why caregivers feel stressed, confused, angry, and overwhelmed by understanding how "who you are as a caregiver" is changing and why it creates stress. More importantly, as professionals, learn how the caregivers and families you work with can manage these changes and reduce stress.

Learning Objectives:

Through this webinar, professionals who work with caregivers will be able to:

1. Identify when caregivers are experiencing stress because of an identity issue.
2. Identify and describe why caregivers are stressed because caregiving responsibilities interfere with their identity.
3. Discuss the three types of caregiver burdens and help caregivers identify the type of burden they are experiencing.
4. Work with caregivers to identify at least one action to decrease their stress.

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<https://oneop.org/event/129658/>

CONTINUING EDUCATION

- Social Work, LPC, LMFT: Programming approval for 1.0 CE credits will be obtained for Social Work, Licensed Professional Counselors, and Licensed Marriage & Family Therapists from the University of Texas at Austin, Steve Hicks School of Social Work. Check with your state licensing agency for reciprocity and/or credit approval if licensed for other professions or in one of the following states: CO, FL, HI, IA, KS, KY, MI, NY, ND, OH, OK
- Case Manager: This program has been submitted to the Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hours.
- Board Certified Patient Advocates: This program has been pre-approved by The Patient Advocate Certification Board to provide continuing education credit to Board Certified Patient Advocates (BCPA). The course has been approved for a total of 1.0 CE contact hour, of which 0.0 are in the area of Ethics.
- Certified Family Life Educators (CFLE): This program has been approved by the National Council on Family Relations (NCFR) for 1.0 CE credit for CFLE.
- Certificates of Attendance are available for providers interested in documenting their training activities.

PRESENTER

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