

Greetings from OneOp Family Development,

The official last month of summer has come. August marks the transition back to school. Parents will start their workdays by preparing to send their kids to school. Children and youth are getting up early and reuniting with their classmates after a long break. As school routines begin again, family time and open communication are as important as ever to foster positive child development.



"Use your family's individual skills to make a difference in your community!*"

August also marks Family Fun Month, a time to celebrate family time and doing activities together. [This article](#) from WE Movement gives ideas on plans family can together to have fun and experience new memories. What ideas and strategies have you found work well for encouraging family time and togetherness with the families you serve?

Below are upcoming webinars to bolster your best practices in serving families and helping military-connected adults and youth grow stronger and more resilient.

Mark Your Calendar for Upcoming Webinars:

WEDNESDAY, AUGUST 24 | 11 AM - 12 PM ET

[Special Needs Trusts & ABLA Accounts](#)

This presentation provides an overview of the different types of special needs trusts (self-settled, third-party, and pooled trusts) and explains the circumstances under which each type of trust could be beneficial.



CE Opportunities: For Social Work, Licensed

Professional Counselors, and Licensed Marriage and Family Therapists from the **UT Steve**

Hicks School of Social Work; for Case Managers from the **Commission for Case**

Manager Certification; for Board Certified Patient Advocates from the **Patient**

Advocate Certification Board; for Certified Family Life Educators from the **National**

Council on Family Relations.

RSVP TO ATTEND

Wednesday, September 14 | 11 AM - 12:30 PM ET

[Ensuring Smooth EI Transitions](#)

This presentation is the third session in the **Going Virtual series** and highlights tips professionals can use to facilitate smooth transitions for families when moving from EI to the special education system, and when relocating from one EI program to another.

CE Opportunities: Visit the event page to see CE opportunities offered to Early Intervention providers.

Tuesday, September 20 | 11 AM - 12:30 PM ET

[Suicide Prevention and Working with Military Families](#)

Become more informed on current military suicide data including trends and common risk factors. This webinar will explore culturally competent best practices for professionals working with service members or military families.

CE Opportunities: For Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists from the **UT Steve Hicks School of Social Work**; for Case Managers from the **Commission for Case Manager Certification**; for Certified

Family Life Educators from the **National Council on Family Relations**, for nurses from the **Ohio Nursing Association**.

Thursday, September 29 | 11 AM - 12 PM ET

Understanding the Social and Structural Drivers of Food and Nutrition Insecurity

This discussion will highlight the social and structural determinants of food and nutrition insecurity and examine approaches for improving food access and equity in military families, and all families.

CE Opportunities: For Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists from the **UT Steve Hicks School of Social Work**; for Case Managers from the **Commission for Case Manager Certification**; for Certified Family Life Educators from the **National Council on Family Relations**, and for DNs and NDTRs from the **Commission on Dietetic Registration**.

More from OneOp...

Podcast: On Holding Space and Mutual Liberation with Heather Plett



The newest OneOp [Practicing Connection](#) podcast episode features guest Heather Plett, author, facilitator, teacher, and co-founder of the Centre for Holding Space. She talks about what it means to practice “holding space” for ourselves and others, what it looks like when we hijack space, how holding space is an act of mutual liberation, and the practice of honoring shared needs and shared responsibility in community.

Supporting and Strengthening Military Family Relationships



Our OneOp Family

Transitions team's webinar series, [A Close Look at Relationships: Supporting Military Couples](#), has 5 webinars on strengthening military couples, parents, and families. This webinar series shares research on the unique impact of military life on families, as well as tools and resources for service professionals to assist military couples and families in strengthening relationships. CE credits are still live for each archived session.

Please forward this newsletter to anyone within your community or network that may be interested in our resources.

As students begin to fill classrooms and tune into their teachers again for another school year, we hope you can join our upcoming OneOp webinars and nourish your adult learning and professional growth!

Sincerely,

Kalin Goble, M.S. (*she/her*)

OneOp Family Development



Questions? Email us at OneOpfamilydevelopment@gmail.com

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