

# MILITARY CAREGIVING NEWSLETTER



## Special Needs Trusts & ABLE Accounts

August 24, 2022 | 11 A.M. ET

[RSVP Here!](#)

This presentation provides an overview of the different types of special needs trusts (self-settled, third-party, and pooled trusts) and explains the circumstances under which each type of trust could be beneficial. Topics of discussion include the items and services that can be paid for by special needs trusts, the relationship between shelter payments and certain government benefits, and general considerations for selecting an appropriate trustee.



### [Can Active-Duty Service Members Apply for SSDI?](#)

Social Security Disability Insurance (SSDI) pays disability benefits to you and certain family members who meet the definition of disability if you worked long enough – and recently enough – under Social Security. The Social Security Act defines disability as a person who cannot work due to a severe medical condition that has lasted, or is expected to last, at least one year or result in death. Or the person's medical condition must prevent him or her from doing substantial gainful employment – must prevent the person from adjusting to other work.



### [Risk & Resilience: Understanding Secondary Traumatic Stress Post-Pandemic](#)

The negative impact of traumatic events can extend beyond those who directly experienced the trauma to caregivers who provide services to traumatized individuals, placing them for secondary traumatic stress. The experience of secondary traumatic stress can lead to impairment in social and occupational functioning. This webinar introduces the concept of secondary traumatic stress, describe the symptoms of secondary traumatic stress, and discuss strategies to minimize the negative impact of secondary traumatic stress.



### [ONLINE COURSES AVAILABLE! Family Well-Being: Navigating the Social Justice Landscape](#)

Military Family Readiness Academy series focuses on individuals' understanding of social justice and equity, including their own understanding of privilege and oppression. Courses equip family service providers with the skills to identify barriers that impact a family's health and well-being and identify opportunities for social justice advocacy in their work. The Academy series will support the well-being of diverse military families and it's service providers.

## UPCOMING EVENTS

[Thrift Savings Plan Updates for 2022](#)  
**AUGUST 16 @ 11:00 AM ET**

[Special Needs Trusts & ABLE Accounts](#)  
**AUGUST 24 @ 11:00 AM ET**

[Retirement Benefit Basics for Active Duty, Guard, & Reserve Components](#)  
**SEPT. 13 @ 11:00 AM ET**

[Ensuring Smooth EI Transitions](#)  
**SEPT. 14 @ 11:00 AM ET**

[Suicide Prevention & Working with Military Families](#)  
**SEPT. 20 @ 11:00 AM ET**

[Disability & Mental Health in the Military](#)  
**SEPT. 21 @ 11:00 AM ET**

[Service Animals: Rights & Responsibilities](#)  
**OCT. 26 @ 11:00 AM ET**

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