

September 2022 | OneOp Family Development Monthly Newsletter

Greetings from OneOp Family Development,

September is National Suicide Prevention Month. Recent data shows an estimated 1.2 million adults die by suicide yearly in the United States. To begin the month, you will find a few resources below for strengthening your toolkit.



Mental health matters for everyone. Expanding the conversation on mental well-being is a foundation of the work of all clinicians supporting individuals, families, and communities.*

- This article from the [American Academy of Pediatrics](#) provides resources, conversation strategies, and additional toolkits for providers supporting individuals, families, and communities most at risk for suicide.
- [Seize the Awkward](#) also offers tools to help facilitate a network of support for those needing extra mental health advocacy and care.
- 988 is the National Suicide and Crisis Lifeline (call and text). This national [helpline](#) connects callers with trained counselors who can assist those experiencing suicidal thoughts or other mental health distress or for loved ones needing support.

- Join our upcoming webinar live [***Suicide Prevention and Working with Military Families***](#) to further discuss recent data and evidence-informed best practices working with service members and/or military families.

September brings awareness to the daily impact suicide has had on countless families, homes, and communities. Whether your role is a CFLE, BCPA, LCSW, LPC, LMFT, or other mental health professional or carer, your role in helping those at risk of suicidal behavior is so valued.

We hope these resources and the network around you continue to bolster your support for suicide prevention and mental health care.

Mark Your Calendar for Upcoming Webinars:

We will host more than four hours of live programs in September offering free continuing education credit hours. See September's webinars and CE details below:

Wednesday, September 14, 11 AM - 12:30 PM ET

[**Ensuring Smooth EI Transitions**](#)

This presentation is the third session in the [**Going Virtual series**](#) and highlights tips professionals can use to facilitate smooth transitions for families when moving from EI to the special education system, and when relocating from one EI program to another.



CE Opportunities: Visit the [**event page**](#) to see CE opportunities offered to Early Intervention providers and RSVP to attend!

Tuesday, September 20, 11 AM - 12:30 PM ET

[**Suicide Prevention and Working with Military Families**](#)

This webinar will cover culturally competent best practices on current military suicide data, including trends and common risk factors.

CE Opportunities: For Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists from the [**UT Steve Hicks School of Social Work**](#); for Case Managers from the [**Commission for Case Manager Certification**](#); and for Certified Family Life Educators from the [**National Council on Family Relations**](#); and for Board Certified Patient Advocates from the [**Patient Advocate Certification Board**](#). **Certificates of Attendance** will also be available for additional professional development tracking.

RSVP TO ATTEND

Wednesday, September 28, 11 AM - 12 PM ET

[Navigating Deployment: Strategies to Help Military Families](#)

This webinar will explore the deployment cycle and associated challenges from the perspective of different family members and identifies circumstances and family contexts that exacerbate the stress of being separated.

CE Opportunities: For Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists from the **UT Steve Hicks School of Social Work**; for Case Managers from the **Commission for Case Manager Certification**; for Certified Family Life Educators from the **National Council on Family Relations**. **Certificates of Attendance** will also be available.

RSVP TO ATTEND

Thursday, September 29, 11 AM - 12 PM ET

[Understanding the Social and Structural Drivers of Food and Nutrition Insecurity](#)

This discussion will highlight the social and structural determinants of food and nutrition insecurity and examine approaches for improving food access and equity in military families, and all families.

CE Opportunities: For Social Work, Licensed Professional Counselors, and Licensed Marriage and Family Therapists from the **UT Steve Hicks School of Social Work**; for Case Managers from the **Commission for Case Manager Certification**; for Certified Family Life Educators from the **National Council on Family Relations**; and for DNs and NDTRs from the **Commission on Dietetic Registration**. **Certificates of Attendance** will also be available.

RSVP TO ATTEND

Announcing Courses on
Problematic Sexual
Behavior of Children and
Youth

A Conversation with
NCSBY and DoD | New
Anchored Podcast Episode



We are happy to share that next month, we will be continuing our

Our newest [Anchored. podcast episode](#) features guests Dr. Jane Silovsky (National Center on the Sexual

Sexual Behavior in Children and Youth (SBCY) Series. The next opportunities around the SBCY series will be in the form of 4 self-paced courses. Stay updated on series developments by signing up for our [SBCY-specific mailing list](#) to receive updates on upcoming series content and opportunities.

Behavior of Youth) and Mary "Tib" Campise (DoD Family Advocacy Program). They joined us to discuss topic areas of support already covered in the SBCY Series and our next courses offering professional development for clinically assessing, responding to, and treating PSB-CY.

Please forward this newsletter to anyone within your community or network that may be interested in our resources.

Sincerely,

Kalin Goble, M.S. (*she/her*)

OneOp Family Development



Questions? Email us at OneOpfamilydevelopment@gmail.com

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