

Unpacking Infant and Early Childhood Mental Health

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

Articles & Books:

- Aleman-Tovar, J., Schraml-Block, K., DiPietro-Wells, R., & Burke, M. (2022). [Exploring the Advocacy Experiences of Military Families with Children Who Have Disabilities](#). *Journal of Child and Family Studies*, 1-11.
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EDIS Resources:

[Educational and Developmental Intervention Services \(EDIS\) Website](#)

[EDIS Procedural Safeguards](#)

[Eligibility](#)

[Evaluation](#)

[Individualized Family Service Plan](#)

[IFSP Process Guidance Handbook \(2017\)](#) (automatic download)

[IFSP Review](#)

[Referral](#)

[Screening](#)

[Service Delivery](#)

[Transition](#)

IECMH Consultation Resources:

[A Day in the Life of an Infant and Early Childhood Mental Health Consultant](#) (video)

[Center of Excellence for Infant & Early Childhood Mental Health Consultation](#)

[Center of Excellence Observation Toolkit for Mental Health Consultants](#)

[Infant and Early Childhood Mental Health Consultation: A Briefing Paper](#) (Zero to Three)

[Infant and Early Childhood Mental Health Consultation – It's Time](#) (video)

[Infant and Early Childhood Mental Health Consultation and Your Program](#) (Head Start)

[Setting Children Up for Success: Beginning with IECMHC and the Center of Excellence Toolbox](#) (video)

Other Resources:

[Mental Health for Babies and Toddlers](#)

[Rocking and Rolling: Caring for the Mental Health of Infants and Toddlers](#)

[U.S. Centers for Disease Control and Prevention, Early Care and Education Programs](#)

[Who's Looking Out for the Mental Health of Infants and Toddlers?](#)

[Zero To Three: Infant and Early Childhood Mental Health](#)