



Formerly Military Families Learning Network

### Making the Journey Towards Healthy Attachment

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

#### **Articles Referenced in the Webinar:**

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### **Other Resources:**

- [Mental Health for Babies and Toddlers](#)
- [Rocking and Rolling: Caring for the Mental Health of Infants and Toddlers](#)
- [U.S. Centers for Disease Control and Prevention, Early Care and Education Programs](#)
- [Who's Looking Out for the Mental Health of Infants and Toddlers?](#)
- [Zero To Three: Infant and Early Childhood Mental Health](#)