# Providing Affirmative Care to the LGBTQ+ Military Community



### **ABOUT THIS WEBINAR:**

This webinar provides an overview of the continuums of identity, including sexual orientation, gender identity, biological sex, gender expression, the impact of discrimination, relevant healthcare disparities, and ways to encourage a welcoming care environment for the military-connected LGBTQ+ community. Attendees will be introduced to practical skills for integrating LGBTQ+ affirmative care principles into clinical practice.

## **Learning Objectives:**

- 1. Identify terminology relevant to the LGBTQ+ Community
- 2. Understand the difference between sexual orientation and gender identity
- 3. Describe the role of minority stress theory on relevant healthcare disparities
- 4. Identify ways to enhance cultural competence and integrate affirmative care principles
- 5. Determine ways to apply research and use the information in practice













#### **EVENT PAGE:**

OneOp.org/event/141493/

#### **CONTINUING EDUCATION:**

- Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists: 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work
- Case Managers: This program has been submitted to the Commission for Case Manager Certification to provide board certified case managers with 1.5 clock hours
- Certified Family Life Educators: This program has been submitted to the National Council on Family Relations for 1.5 CE credit for CFLFs
- Board Certified Patient Advocates: This program will be submitted to The Patient Advocate Certification Board to provide 1.5 CE credits to BCPAs, of which 0.0 are in the area of Ethics
- Accredited Financial Counselors: This webinar is approved for 1.5 CE credits by the Association for Financial Counseling & Planning Education for AFCs
- Certified Personal Financial Counselors:
   This webinar is approved for 1.5 CE credits
   by the Center for Financial Certifications for CPFCs
- Certificates of Attendance for additional professional development tracking

#### PRESENTER:

#### Tiffany Lange, PsyD

(she/her/hers) Licensed Clinical Psychologist

Dr. Tiffany Lange earned a doctoral degree from Spalding University in Louisville, Kentucky. She completed her fellowship in Women's and LGBTQ+ Health within the Veterans Health Administration and has served in senior leadership roles in nonprofit, government, and private healthcare organizations. She is currently the Senior Clinical Director of Utilization Review at one of the nation's largest managed care organizations.