



# MILITARY CULTURE

## A GUIDE FOR EXTENSION PROFESSIONALS

### COURSE INFORMATION

The well-being of families in the military is essential to the Department of Defense (DoD) and its goals for service readiness (National Academies of Sciences, Engineering, and Medicine, 2019). Historically, DoD programs and resources were designed for the service member, but research shows that family-related factors play an important role in service members' readiness. An approach to support families in the military and strengthen both formal and informal networks off the installation is through Cooperative Extension. However, many community providers are not trained or experienced in supporting this unique military community (RAND, 2014).

Cooperative Extension has a yet untapped opportunity to serve families in the military with our practical, applicable education as members of the communities in which they live, work, and play. Cooperative Extension can meet the needs of the military community by sharing its knowledge and bringing value to build the skills and practices of families in the military. This course provides an overview of military culture and the unique needs of military families to help Extension professionals better understand how to recognize, engage, ask, and deliver education in the community.

### CONTINUING EDUCATION

- **Certified in Family and Consumer Sciences (CFCS):** This program is currently seeking approval of 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS.
- **Certified Family Life Educators (CFLE):** This program has been approved by the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLE.
- **Board Certified Patient Advocates (BCPA):** This program has been pre-approved by the Patient Advocate Certification Board (PACB) to provide continuing education credit to BCPA. The course has been approved for a total of 1.5 CE contact hour, of which 0.0 are in the area of Ethics.
- **Certificates of Attendance** are available for providers interested in documenting their training activities.



### COURSE AUTHORS

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