

17 AUGUST 2023

11AM-12PM EST



Respectful, Evidence-Based Care for Children with Elevated BMI

DESCRIPTION

This webinar reviews the evidence surrounding care for children with elevated BMI from both a nutrition and mental and behavioral health perspective. The impact of weight bias, stigma, and mental health sequelae are also addressed. Join this webinar for guidance for addressing social determinants of health including food insecurity as well as nutrition counseling concepts and practical guidance for care.

PRESENTERS

Ashleigh Spitza, MS, RD, CD, CDCES

*Clinical Dietitian
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*Licensed Professional Counselor & Behavioral Health
Consultant
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EVENT PAGE: <https://oneop.org/learn/151251/>

CONTINUING EDUCATION

- **RDNs and NDTRs:** 1.0 CPEU approved for Registered Dietitian Nutritionists and Dietetic Technicians, Registered by the Commission on Dietetic Registration.
- **Case Managers:** 1.0 clock hours for board-certified case managers from the Commission for Case Manager Certification.
- **Board Certified Patient Advocates:** 1.0 CE credits for BCPAs from the Patient Advocate Certification Board.
- **Social Workers, Licensed Professional Counselors & Licensed Marriage and Family Therapists:** 1.0 CE credits for Social Work, LPCs and LMFTs from the UT Austin School of Social Work.
- **Certified Family Life Educators:** 1.0 CE credits for CFLEs from the National Council on Family Relations (NCFR).
- **Certificates of Attendance** are available for providers interested in documenting their training activities.