

Webinar Additional Resources – Navigating Early Parenthood and

Military Life

Event Page: OneOp.org/Learn/147565/

Websites and Links

- Babies on the Homefront <https://BabiesOnTheHomefront.org>
- Military OneSource | 2021 Demographics Profile – Active Duty Families
<https://MilitaryOneSource.mil/Data-Research-and-Statistics/Military-Community-Demographics/2021-Demographics-Profile/>
- Military OneSource | MilitaryINSTALLATIONS
<https://installations.militaryonesource.mil/view-all>
- Zero to Three <https://ZeroToThree.org>
- Zero to Three | Coming Together Around Veteran Families Flyers
<https://www.ZeroToThree.org/Resource/Coming-Together-Around-Veteran-Families-Flyers/>

Children’s Books

- Home Again <https://MilitaryOneSource.mil/Products/Home-Again-3/>
- Sparrow
<https://ZeroToThree.org/Resource/Sparrow-Helps-Children-Cope-with-an-Injured-Caregiver>
 - OneOp Sparrow Guided Discussion Questions
https://OneOp.org/wp-content/uploads/2019/09/Sparrow_GD_Final.pdf
- Over There <https://GoodReads.com/Book/Show/8901185-Over-There>

The above resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

- Why Military Families Should Read with their Babies and Toddlers | Zero to Three Podcast
<https://ZeroToThree.org/Resource/Podcast-Why-Military-Families-Should-Read-with-their-Babies-and-Toddlers/>

OneOp Programming

- A Close Look at Relationships: Supporting Military Couples | OneOp Webinar Series
<https://OneOp.org/Series/A-Close-Look-at-Relationships-Supporting-Military-Couples/>
- Military Youth: Protecting and Promoting Resilience and Well-Being | OneOp Webinar Series
<https://OneOp.org/series/YouthResilience/>
- That's the Ticket: Exploring Infant and Early Childhood Mental Health | OneOp Webinar Series
<https://OneOp.org/2023/01/12/Thats-the-Ticket/>
- Women in the Military | OneOp Series – blog posts, webinars, and podcasts
<https://OneOp.org/Series/Women-in-Military/>
- Blog Post (2019) | Gender, Finances and Motherhood
<https://OneOp.org/2019/05/14/Motherhood/>
- Blog Post (2016) | The Melancholy Mommy: A Look at Postpartum Depression
<https://OneOp.org/2016/05/23/The-Melancholy-Mommy-a-Look-at-Postpartum-Depression/>

Webinar References

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