

Addressing Maladaptive Grief Reactions Among Youth



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ABOUT THIS WEBINAR:

A “one-size-fits-all” approach to grief support is typically ineffective. Thus, it is a critical task of service providers to determine which type of grief support (e.g., peer support and individual therapy) and practice elements are most appropriate based on the unique needs and strengths of the children they serve. Using Multidimensional Grief Theory as a guide, this presentation describes evidence-based, trauma- and grief-informed assessment tools that can support grieving youth, especially those exposed to the death of a loved one by suicide.

This session describes assessment and interventions for youth who have experienced traumatic loss. Suggestions are provided for how to implement these practices with military families. The webinar also includes an opportunity to discuss the “cost of caring” and strategies to promote resilience for service providers.

LEARNING OBJECTIVES:

1. Identify trauma- and grief-informed assessment tools that can be used for risk screening, case conceptualization, and treatment planning
2. Understand specific practice elements that can be used to address trauma and grief in youth
3. Recognize the distinction between trauma-informed and grief-informed practices
4. Define differences between secondary traumatic stress, vicarious trauma, compassion fatigue, and burnout, as well as how to recognize these in themselves and others

PRESENTER:

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EVENT PAGE:

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CONTINUING EDUCATION:

- **Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists:** 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work
- **Case Managers:** This program will be submitted to the Commission for Case Manager Certification for approval to provide board-certified case managers with 1.5 clock hours
- **Certified Family Life Educators:** This program will be submitted to the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLEs
- **Board-Certified Patient Advocates:** This program will be submitted to The Patient Advocate Certification Board to provide 1.5 CE credit to BCPAs, of which 0.0 are in the area of Ethics
- **Certified in Family and Consumer Sciences:** This course is awaiting approval for 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS
- **Certificates of Attendance** are offered for those interested in documenting additional professional development hours

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