

# Weaving Community Safety Nets for Youth



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## ABOUT THIS WEBINAR:

Suicide is the second leading cause of death for adolescents in the United States. Research indicates that adolescents in military families have higher rates of suicidal behaviors than their non-military peers. However, many suicides are preventable. We can intentionally build, mobilize, and maintain protective factors, recognize and respond to warning signs, and sustain a safety net of connection in our communities to better support military children, adolescents, and their families.

This webinar explores the who and how of building a safety net for youth who may be at risk for suicide. Discussions will include thinking comprehensively about how communities can work collaboratively with military service providers and mental health services to support military youth and families.

## LEARNING OBJECTIVES:

1. List warning signs of suicide risk in youth
2. Discuss factors that are protective against suicide and how to mobilize them
3. Describe collaborative safety planning for a youth who is at risk for suicide
4. Identify steps toward building a collaborative network of supportive adults and services

## PRESENTER:

### Dr. Teresa Humphries-Wadsworth

Licensed Psychologist, Associate Project Director for the National Action Alliance for Suicide Prevention and the Suicide Prevention Resource Center

## EVENT PAGE:

[OneOp.org/Learn/160005/](https://OneOp.org/Learn/160005/)

## CONTINUING EDUCATION:

- **Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists:** 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work
- **Case Managers:** This program will be submitted to the Commission for Case Manager Certification for approval to provide board-certified case managers with 1.5 clock hours
- **Certified Family Life Educators:** This program will be submitted to the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLEs
- **Board-Certified Patient Advocates:** This program will be submitted to The Patient Advocate Certification Board to provide 1.0 CE credit to BCPAs, of which 0.0 are in the area of Ethics
- **Certified in Family and Consumer Sciences:** This course is awaiting approval for 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS
- **Certificates of Attendance** are offered for those interested in documenting additional professional development hours

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