

MILITARY FAMILY READINESS ACADEMY 2023

Expanding food security for our military family population by mobilizing family service professionals at federal, state, and local levels to work together on this issue.

Learn more at: OneOp.org/MFRA/FoodSecurity/

December 7, 2023

11 AM - 12:30 PM ET



Supporting Military Teens: Community Healthy Living and Food Security Programs

DESCRIPTION

Community support and education can have a great impact on bolstering food security. Our access to and relationship with food connects to our overall health, wellness, and lived experiences. Engaging military teens through programs focusing on food access, nutrition literacy, and healthy eating habits can equip kids with the knowledge to help them learn and grow.

One such community-based initiative is the Georgia 4-H VISTA AmeriCorps Summer program. Summer VISTA Associates deliver healthy living and food security lessons and engage community members with hands-on learning around topics like food access, addressing food insecurity, and mindfulness and healthy eating. Participants of this webinar learn about the goals and management of the AmeriCorps VISTA project, and receive examples of how to implement similar lessons when supporting families experiencing food insecurity.

Learning Objectives:

- 1. Describe the benefit and importance of addressing food security and health initiatives within communities
- 2. Identify ways to incorporate healthy living and food security initiatives locally
- **3.** Discuss the AmeriCorps VISTA 4-H Partnership and identify resources offered through this partnership

PRESENTER

Keri Gandy Hobbs

Senior Public Service Associate and Extension 4-H Specialist for the University of Georgia Extension – Georgia 4-H

EVENT PAGE

OneOp.org/learn/160007/

CONTINUING EDUCATION

This webinar has been submitted for 1.5 Continuing Education (CE) credits for:

Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists: 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work

Case Managers: This program will be submitted to the Commission for Case Manager Certification for approval to provide board-certified case managers with 1.5 clock hours

Certified Family Life Educators: This program will be submitted to the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLEs

Board-Certified Patient Advocates: This program will be submitted to The Patient Advocate Certification Board to provide 1.5 CE credit to BCPAs, of which 0.0 are in the area of Ethics

Certified Nutrition & Wellness Educator (CNWE): This program is seeking approval of 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CNWE.

Registered Dietitian Nutritionists (RDNs) and Nutrition and Dietetic Technicians, Registered (NDTRs): This webinar is pending approval from the Commission on Dietetic Registration (CDR) for 1.5 CPEUs for RDNs and NDTRs.

Certified in Family and Consumer Sciences (CFCS): This webinar is awaiting approval for 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS

OneOp Certificates of Attendance available

