

**December 7, 2023**

**11 AM - 12:30 PM ET**



# Supporting Military Teens: Community Healthy Living and Food Security Programs

## DESCRIPTION

Community support and education can have a great impact on bolstering food security. Our access to and relationship with food connects to our overall health, wellness, and lived experiences. Engaging military teens through programs focusing on food access, nutrition literacy, and healthy eating habits can equip kids with the knowledge to help them learn and grow.

One such community-based initiative is the Georgia 4-H VISTA AmeriCorps Summer program. Summer VISTA Associates deliver healthy living and food security lessons and engage community members with hands-on learning around topics like food access, addressing food insecurity, and mindfulness and healthy eating. Participants of this webinar learn about the goals and management of the AmeriCorps VISTA project, and receive examples of how to implement similar lessons when supporting families experiencing food insecurity.

### Learning Objectives:

1. Describe the benefit and importance of addressing food security and health initiatives within communities
2. Identify ways to incorporate healthy living and food security initiatives locally
3. Discuss the AmeriCorps VISTA 4-H Partnership and identify resources offered through this partnership

## CONTINUING EDUCATION

This webinar has been submitted for 1.5 Continuing Education (CE) credits for:

**Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists:** 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work

**Case Managers:** This program will be submitted to the Commission for Case Manager Certification for approval to provide board-certified case managers with 1.5 clock hours

**Certified Family Life Educators:** This program will be submitted to the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLEs

**Board-Certified Patient Advocates:** This program will be submitted to The Patient Advocate Certification Board to provide 1.5 CE credit to BCPAs, of which 0.0 are in the area of Ethics

## PRESENTER

**Keri Gandy Hobbs**

*Senior Public Service Associate and Extension 4-H Specialist for the University of Georgia Extension – Georgia 4-H*

## EVENT PAGE

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