



Motor Development Tip Sheets Available from the Illinois Early Learning Project

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

[Fun at Home with Preschoolers: Let's Measure!](#)
[Fun at Home with Preschoolers: Play with Light and Shadow](#)
[Make Room for Blocks!](#)
[Neighborhood Geography with Young Children](#)
[Organized Sports and Young Children](#)
[Out and About with Preschoolers: Close Up with Visual Arts](#)
[Out and About with Preschoolers: Dancing on the Sidewalk](#)
[Out and About with Preschoolers: Literacy Activities](#)
[Out and About with Preschoolers: Make Some Music](#)
[Out and About with Preschoolers: Science in the "Built Environment"](#)
[Out and About with Preschoolers: Sunshine Science](#)
[Out and About with Preschoolers: The Places You'll Go!](#)
[Out and About with Preschoolers: Visual Arts](#)
[Physical Fitness for Preschool-Age Children](#)
[Physical Fitness for Toddlers](#)
[Play With Your Toddler- Indoors](#)
[Real Work: Preschoolers Can Help](#)
[Say Yes to the Mess! Play with Rocks](#)
[Say Yes to the Mess! Snow Time](#)
[Say Yes to the Mess! Water Works](#)
[Sing, Play, and Hear: Music's in the Air](#)
[Things to Do While You're Waiting: Get Physical](#)
[Things to Do While You're Waiting: Music and Movement](#)
[Things to Do While You're Waiting: Music, Sound, and Movement](#)
[Things to Do While You're Waiting: Physical Activities](#)
[Young Children Need to Play!](#)