Upcoming Programming

October 5, 2023
Disordered Eating and Body Image Disturbance in the Military
Identify signs and symptoms of disordered eating and body image disturbance and discover tools to support service members experiencing these struggles.

October 12, 2023
Understanding Childhood Traumatic Loss Through the Lens of Multidimensional Grief Theory
Understand the manifestations of trauma and grief in children and how their intersection can impact learning and behavior.

October 17, 2023
Ethical Compass: Guiding Military Families with Integrity
Explore ethics, including the military standards of ethics, and ethical guidelines from AFCPE and FinCert.

October 19, 2023
Addressing Maladaptive Grief Reactions Among Youth
Gain trauma-and grief-informed assessment tools that can support grieving youth, especially those exposed to the death of a loved one by suicide.

October 25, 2023
The Importance of Nutrition in Breast Cancer Survivorship
Discover strategies to help providers working with families manage the current evidence on nutrition recommendations for breast cancer survivors.

October 26, 2023
Military Teens Experiences and Food Security
Examine emergent data around military teens’ experiences and the impacts of food security on their lives.

We’re excited to announce the relaunch of our four-part asynchronous and interactive course that focuses on the rights of young children with disabilities in military families. Course modules cover eligibility for special education programs and services for children with disabilities available within military systems, and strategies to support military families as they navigate these systems in military contexts.

In this course:

• Explore the Disability Rights of Young Children in Military Families
• Examine the Eligibility, Individualized Education Programs & Individualized Family Service Plans
• Dive into Programs, Services, and Resources for Children with Disabilities in Military Families
• Gain Advocacy Strategies to Support Military Families Navigating Disability Services

ENROLL TODAY
On-Demand Programming

Focused Programming: Military Transitions

**Promoting Youth Mental Well-Being by Building Social Emotional Learning Skills**
Learn practical strategies and resources to support youth dealing with stress, loss, and trauma.

**Respectful, Evidence-Based Care for Children with Elevated BMI**
Gain guidance for addressing social determinants of health, including food insecurity, as well as nutrition counseling concepts and practical guidance for care.

**Navigating Early Parenthood and Military Life**
Discover strategies for supporting military families facing challenges in relation to family functioning, new parent well-being, and maternal mental health.

Over 400,000 service members experience a permanent change of station each year, and over half of the 1.3 million active-duty members are deployed. This transition is just one of the many possible changes that impact military service members and their families regularly. Service providers play an essential part in ensuring military families are supported through various military transitions. Explore some of our resources for understanding and supporting families through different transitions:

- **Supporting Military Fathers Through the Deployment Cycle**
  Active-duty military parents are frequently away from their families throughout their military careers. After each separation, they are faced with readjusting back to work and family life. Various parenting and family challenges may arise during the deployment cycle, distinct from the experiences of their civilian counterparts.

- **Spouse Employment and Family Financial Readiness**
  Frequent moves and deployments can create unique challenges for a military spouse’s career progression and income, impacting the family’s financial resilience. In this interactive webinar, discover available options and best practices for engaging military families on financial services.

- **Strategies to Enhance Positive School Outcomes for Military-Connected Students in Transitions**
  School-to-school transitions are a normal part of any child’s educational experience. However, these transitions can be tough when the student’s family relocates due to a permanent change of station. Gain strategies that will help military-connected students feel comfortable and be successful through school transitions.

We invite you to join the OneOp mailing list to stay updated!