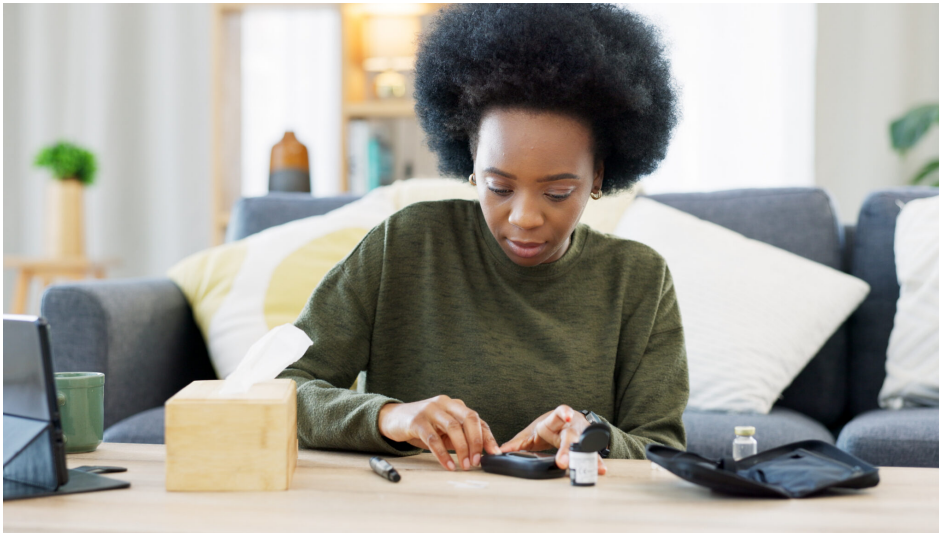


# Diabetes Management for Patients Experiencing Food Insecurity



## EVENT PAGE

<https://oneop.org/learn/160009/>

## CONTINUING EDUCATION

- Registered Dietitian Nutritionists: This program is approved for 1.0 CPEU from the Commission on Dietetic Registration for RDNs and NDTRs.
- Certificates of Attendance are available for providers interested in documenting their training activities.

## ABOUT THIS WEBINAR

Diabetes is a complicated chronic disease that requires daily medical treatment. Due to the financial strain of purchasing diabetes management supplies, food insecurity is common among this population. This presentation provides practical ways to apply the American Diabetes Association 2023 Standards of Care in Diabetes and reviews strategies to reduce food insecurity for patients with diabetes.

### Learning Objectives:

- Comprehend and implement the 2023 diabetes standards of care within the boundaries of medical therapy.
- Approach all patients with diabetes in an empathetic manner.
- Identify methods to screen for and address food insecurity among patients with diabetes.
- Utilize various tools to connect their patients with diabetes to resources that can help.

## PRESENTER

**Bailee Cooper, PhD, RD, LD**

*Clinical Dietitian*

Owner, Rural Health Dietitian

Bailee Cooper, PhD, RD, LD is the owner of Rural Health Dietitian and a clinical remote dietitian. Cooper completed her PhD in Exercise Science and Nutrition at North Dakota State University (NDSU) with a dissertation titled, Barriers and Strategies to Optimize Diabetes Management in Emerging Adults with Type 1 Diabetes. Bailee has been a dietitian for eight years and has focused on improving diabetes care and nutrition in rural communities. During her doctorate work at NDSU, Bailee served as a research dietitian on the Healthy Aging Research Team who focused muscle quality and strength with animal-based protein intake. In her spare time, she enjoys spending time with her horses, running and yoga.

