January 24, 2024
11:00 a.m - 12:00 p.m. ET

PROFESSIONAL DEVELOPMENT

Innovative Ways to Integrate Apps into Clinical Practice

EVENT PAGE:
https://oneop.org/learn/160000/

CONTINUING EDUCATION:
- Registered Dietitian Nutritionists, and Nutrition and Dietetic Technicians Registered
- Certificate of Attendance

ABOUT THIS WEBINAR:

Mobile health apps (apps) are playing an increasingly important role in healthcare. Discover how these innovative tools empower Registered Dietitian Nutritionists to lead data-driven discussions, drive personalized care and help improve outcomes. In this interactive webinar, you will learn about the types and features of apps, the latest research on their potential benefits, and the challenges facing wider adoption. Through real-life case studies, learn the art and science of integrating apps into clinical practice. Don't miss this opportunity to be at the forefront of personalized nutrition care and evolving realm of digital health!

Learning objectives:
- Identify benefits of mobile health apps for promoting positive health behaviors and enhancing clinical practice
- Review potential challenges including privacy, security and safety that may limit adoption
- Discuss strategies for Registered Dietitian Nutritionists to integrate apps into clinical practice

PRESENTER:

Rachel Stahl Salzman

Rachel Stahl Salzman, MS, RD, CDN, CDCES is a Lecturer in Medicine in the Division of Endocrinology, Diabetes and Metabolism at Weill Cornell Medicine. Rachel is passionate about empowering people with diabetes develop sustainable lifestyle changes and leverage diabetes technology and digital health to improve their health and quality of life. In her clinical role, she provides diabetes self-management education and support (DSMES) and medical nutrition therapy (MNT) for adults in both individual and group settings. Rachel currently serves as Technology Chair of the Diabetes Dietetic Practice Group of the Academy of Nutrition and Dietetics and is the proud recipient of the 2022 Rising Star Award from Association of Diabetes Care and Education Specialists.

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