Upcoming Programming

January 18, 2024
IECMH: Practical Strategies to Support Attachment Relationships
Add to your “attachment” toolbox with ideas for ensuring young children and families can develop and experience healthy attachment relationships.

January 24, 2024
Innovative Ways to Integrate Apps into Clinical Practice
Discover innovative tools that empower Registered Dietitian Nutritionists to lead data-driven discussions, drive personalized care, and help improve outcomes.

January 25, 2024
Building a Safer Future: Insights on Youth Violence and Bullying Prevention
Review two decades of research and practice on bullying and cyberbullying, including definitional issues, prevalence, risk, and protective factors associated with different forms of bullying.

January 30, 2024
2024 Tax Updates: What Service Providers Need to Know
Gain insights into the key 2024 tax updates that are pertinent for service providers such as Child Tax Credits, student loan interest deductions, and more.

February 20, 2024
Supporting Military Families in the Artificial Intelligence Era
Explore AI as a tool for family service providers to increase efficiencies, creativity, and engagement in their work with military families.

February 27, 2024
Food as Medicine: A National Strategy on Hunger, Nutrition, and Health
Learn more about the National Strategy and explore your professional role in expanding access to Food is Medicine programs.

Join the Practicing Connection Community

The Practicing Connection Community on LinkedIn is designed for people who support military families in a variety of settings, both on installations and in our communities. Each week, we’ll dive into the skills we need to work more collaboratively and build community capacity to help families thrive. We will share a practice or skill for you to try and give you an opportunity to share how it went for you. We hope you’ll share your insights and experiences, ask questions, and contribute to discussions related to working together to help families thrive. Join the 150+ members of the Practicing Connection Community and expand your connection skills today!
Focused Programming: **Nutrition and Wellness**

Service providers are tasked with assisting with various layers of wellness. Disease prevention, chronic illness management, mental health care, and healthy eating habits are just some of the areas that service members need assistance with. Discover OneOp resources that cover the areas that you need to support your community.

- **Understanding Childhood Traumatic Loss Through the Lens of Multidimensional Grief Theory**
  Understand the manifestations of trauma and grief in children and how their intersection can impact learning and behavior.

- **Ethical Compass: Guiding Military Families with Integrity**
  Dive into ethics, including the military standards of ethics and ethical guidelines from AFCPE and FinCert.

- **Learning to Balance Your Mental Health to Better Serve Others**
  Explore and reflect on what it can look like for mental health professionals to take care of themselves while working with service members and military families.

- **Reframing the Narrative Around Kids’ Food**
  Social norms surrounding children’s food choices tend to promote the consumption of calorie-dense foods. However, shifting the narrative away from child-specific foods and instead emphasizing the importance of family meals and moderate portions has the potential to encourage the consumption of nutrient-dense foods.

- **Diabetes Management for Patients Experiencing Food Insecurity**
  Diabetes is a complicated chronic disease that requires daily medical treatment. This presentation provides practical ways to apply the ADA 2023 Standards of Care in Diabetes and reviews strategies to reduce food insecurity for patients with diabetes.

- **The Relationship Between Health and Finances**
  Financial counselors frequently observe relationships between health and personal finances in their work with clients. Examples include money spent on smoking that cannot be saved, the financial impact of an accident or illness, and decisions that people make with respect to health insurance. This webinar explores associations between health and finances and health and financial practices.

We invite you to join the OneOp mailing list to stay updated!

**SUBSCRIBE!**

Learn more about effective efforts to improve resilience and readiness in this Practicing Connection blog post.

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