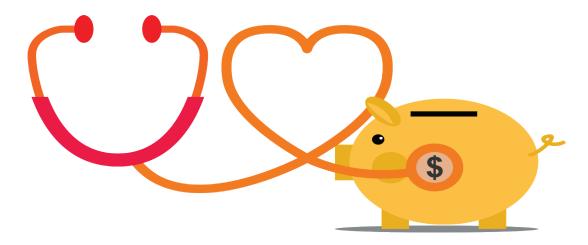
## Rethinking Health and Wealth!



Virtual Conference Session #5

Holistic Financial Health and Human Services

## Examine the intersections of financial health and overall wellbeing.

Wellbeing is a function of physical, mental, emotional, economic, and social factors, among others. At times, an individual's needs can compete for attention and resources, diminishing some while favoring others. This session introduces a holistic approach to working with clients that blends healthcare and financial education. Join Shawn Young from the Financial Health Institute as he discusses the ways in which financial stress affects overall wellbeing, and shares strategies practitioners can use to help clients manage resources, reduce stress, and improve health. Financial counselors will appreciate the personal finance angle, and learn how and why to work with providers in other fields, agencies, and disciplines. Providers and educators working in fields other than financial counseling will learn about the value of engaging clients in financial health and wellbeing conversations.

Visit our conference homepage to RSVP and to learn more about sessions, presenters, and continuing education credits available throughout the conference!

MilitaryFamiliesLearningNetwork.org/VC2019

Relationships
FOR READINESS

Presenter: Shawn B. Young

