

# Food Allergies: An Overview and Update



Photo Credit: CarrieCaptured/iStock.com

## ABOUT THIS WEBINAR:

Food allergies are a growing global health concern. In the last decade, there has been a paradigm shift in the prevention, diagnosis, and management of food allergy. Attend this webinar to learn state of the art, evidence-based practical approaches to common pediatric food allergies.

By the end of this webinar, attendees will be able to:

- Define food allergy and distinguish between food allergy and other adverse reactions to foods.
- Describe the US food allergen labeling laws and how to identify allergens in the food supply.
- Identify the evidenced-based approaches to complementary feeding in infancy, which reduce the risk of developing food allergy.

## EVENT PAGE:

<https://oneop.org/learn/160038/>

## CONTINUING EDUCATION:

This program has been submitted for approval for 1.5 CE credits from:

**American Association for Family and Consumer Sciences** for Certified in Family and Consumer Sciences; Nutrition and Wellness Educators; Personal and Family Finance Educators

**Commission on Dietetic Registration (CDR)** for Registered Dietitians Nutritionists (RDNs) and Nutrition and Dietetic Technicians, Registered (NDTRs)

## Certificates of Attendance

## PRESENTER:

**Marion Groetch, MS, RDN**

Director of Nutrition Services  
Jaffe Food Allergy Institute  
Associate Professor  
Division of Allergy & Immunology  
Icahn School of Medicine at  
Mount Sinai

