

Harmony of Expression: Exploring Social and Emotional Development in Middle Childhood Through Expressive Art Approaches

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

Books & Articles:

- Cooley, C. H. (1902). *Looking-glass self. The production of reality: Essays and readings on social interaction*, 6, 126-128.
- Knill, P. J., Levine, E. G., & Levine, S. K. (2005). *Principles and practice of expressive arts therapy: Toward a therapeutic aesthetics*. Jessica Kingsley Publishers.
- McNiff, S. (1998). *Trust the process: An artist's guide to letting go*. Shambhala Publications.
- Renzenbrink, I. (2021). *An expressive arts approach to healing loss and grief: Working across the spectrum of loss with individuals and communities*. Jessica Kingsley Publishers.
- Rogers, C. R. (1951). *Client-centered therapy: It's current practice, implications, and theory*. Boston: Houghton Mifflin.
- Rogers, N. (2011). *The creative connection for groups: Person-centered expressive arts for healing and social change*. Palo Alto, CA: Science & Behavior Books.

Other Resources:

- [Expressive Arts Florida](#)
- [International Expressive Arts Therapy Association \(IEATA\)](#)
- [Manual Cinema: Leonardo!](#)

Video Links:

- [An IEATA Tribute to Natalie Rogers](#)

Select OneOp Resources:

- [Addressing Maladaptive Grief Reactions Among Youth](#)
- [Engaging Military-Connected Youth: A Simple Person-Centered Practice](#)
- [Military Youth: Protecting and Promoting Resilience and Well-Being](#)
- [Strategies to Enhance Positive School Outcomes for Military-Connected Students in Transition](#)
- [The Highly Mobile, but Very Resilient: Identifying and Addressing School- and Transition-Related Needs of Military Youth](#)