

Tiny Hearts, Big Emotions: Nurturing Emotional Intelligence in the Early Years

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

Articles:

- Balaban, N. (2006). Easing the Separation Process for Infants, Toddlers, and Families. *Young Children*, 61(1), 14-20.
- Fahlberg, V. I. (1991). A developmental approach to separation/loss. *Adoption Resources for Mental Health Professionals*, 181.
- Gillespie, L. G. & Seibel, N. L. (2006). Self-regulation: A cornerstone of early childhood development. *Young Children*, 61(4), 34-39.
- Iruka, I. U., Curenton, S. M., Durden, T. R., & Escayg, K. (2020). *Don't look away: Embracing anti-bias classrooms*. Gryphon House.
- Lally, J. R. (1995). *Caring for infants and toddlers in groups: Developmentally Appropriate Practice*. Zero to Three.
- Thomas, A., Chess, S., Birch, H. G., Hertzig, M. E., & Korn, S. (1963). *Behavioral individuality in early childhood*. New York University Press.
- Wittmer, D. S & Petersen, S. H. (2006). *Infant and toddler development and responsive program planning: A relationship-based approach*. Pearson/Merrill Prentice Hall.
- Wittmer, D. S. & Petersen, S. H. (2010). *Infant and toddler development and responsive program planning: A relationship-based approach* (2nd ed.). Pearson.

Other Resources:

- Allard, L. T. & Hunter, A. (2023). [Understanding temperament in infants and toddlers](#). National Center for Pyramid Model Innovations.
- [Developmental Continuum from Birth to Age 3 ½: Social Emotional Indicators](#)
- [The Development Continuum of Social & Emotional Behaviors](#)
- [IECMH: Practical Strategies to Support Attachment Relationships](#) (OneOp 2023 Webinar)
- [Making the Journey Towards Healthy Attachment](#) (OneOp 2023 Webinar)
- Nemec, A. & Barton, E. (2020). [Caregiver Practices to Support Infant-Toddler Social-Emotional Development](#). National Center for Pyramid Model Innovations.
- [Tips on Temperament](#)
- U. S. Department of Health and Human Services, Administration for Children and Families, Office of Child Care. (2020). [Program for Infant/Toddler Care's Six Essential Program Practices for Relationship-Based Care: Continuity of Care Rationale Paper](#). Fairfax, VA.

Video Links:

- [Attachment Strategies with Infants/Toddlers](#)
- [CSEFEL Video 1.4](#)
- [Temperament – Zero to Three Magic of Everyday Moments](#)