

Expressive Brushes: Using Art-based Mediums to Support Children & Youth During Change

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

Books & Articles:

- Ahessy, Bill. (2020, November). [Creative Arts Therapies in Disability Settings](#). *Frontline*
- Coleman, M. B. (2012). [Technology spotlight: Art adaptations for students with physical disabilities](#). *Newsletter of the Division for Physical and Health Disabilities*, 30(2), 14-22.
- Cooley, C. H. (1902). *Looking-glass self. The production of reality: Essays and readings on social interaction*, 6, 126-128.
- Erikson, E. H., & Erikson, J. M. (1998). *The life cycle completed (extended version)*. WW Norton & Company.
- Knill, P. J., Levine, E. G., & Levine, S. K. (2005). *Principles and practice of expressive arts therapy: Toward a therapeutic aesthetics*. Jessica Kingsley Publishers.
- Renzenbrink, I. (2021). *An expressive arts approach to healing loss and grief: Working across the spectrum of loss with individuals and communities*. Jessica Kingsley Publishers.
- Rogers, C. R. (1951). *Client-centered therapy: It's current practice, implications, and theory*. Boston: Houghton Mifflin.
- Rogers, N. (1993). *The creative connection: Expressive arts as healing*. New York: Science & Behavior Books.
- Rogers, N. (2011). *The creative connection for groups: Person-centered expressive arts for healing and social change*. Palo Alto, CA: Science & Behavior Books.
- Sommers-Flanagan, J. (2007). The development and evolution of person-centered expressive art therapy: A conversation with Natalie Rogers. *Journal of Counseling and Development*, 85(1), 120-125.

Other Resources:

- [Butterfly Effect Teaches Us That Small Things Matter](#)
- [Expressive Arts Florida](#)
- [International Expressive Arts Therapy Association \(IEATA\)](#)
- [What Is the CASEL Framework?](#)

Resources for Practicing Art with Children with Disabilities

- [Adaptations for Using the Arts in Elementary Classrooms](#)
- [Adaptive Art Tools & Instruction](#)
- [Art in Science: Tools for Drawing for Students with Visual Impairment](#)
- [Artist Invents Tools That Enable Kids with Disabilities to Paint](#)
- [Learn How to Adapt an Art Activity for Kids with Disabilities](#)
- [Tips for Adapting Art for Special Needs Kids in Your Classroom](#)
- [VSA Research & Resources](#)

Video Links:

- [An IEATA Tribute to Natalie Rogers](#)

Select OneOp Resources:

- [Addressing Maladaptive Grief Reactions Among Youth](#)

- [Engaging Military-Connected Youth: A Simple Person-Centered Practice](#)
- [Military Youth: Protecting and Promoting Resilience and Well-Being](#)
- [Strategies to Enhance Positive School Outcomes for Military-Connected Students in Transition](#)
- [The Highly Mobile, but Very Resilient: Identifying and Addressing School- and Transition-Related Needs of Military Youth](#)