

# OneOp Monthly Newsletter

MARCH 2024

## Upcoming Programming

 March 6, 2024

### [Securing Tomorrow: Navigating Social Security Retirement and Survivor Benefits](#)

Gain the knowledge and resources to make informed decisions about retirement and survivor benefits from the SSA, ensuring a prosperous future for the families they serve.

 March 21, 2024

### [Public Health Approaches to Suicide Prevention: Working with Military Service Members](#)

Join this webinar to review the connection between anxiety, depression, and suicide risk and discuss best practices for engaging with individuals who are struggling.

 March 27, 2024

### [Mind and Money: Connecting Mental Health and Financial Well-Being](#)

Equip yourself with knowledge to define personal and family financial well-being, signs of financial strain, and psychological distress.

 March 28, 2024

### [Dietary Supplements and Operation Supplement Safety](#)

Gain tools and resources from Operation Supplement Safety to help service members evaluate dietary supplement products.

 April 2, 2024

### [Tiny Hearts, Big Emotions: Cultivating Emotional Learning & Development with Responsive Practices](#)

Learn the components of emotional intelligence and practices that support development in this area which impacts later relationships, learning, and more.

 April 4, 2024

### [Public Health Approaches to Suicide Prevention: Working with Military Spouses and Families](#)

Join this webinar to review the connection between anxiety, depression, and suicide risk, and gain best practices for engaging with individuals who are struggling.



## [Professional Ethics in Early Intervention and Early Childhood Special Education Course](#)

In this three-part module series, you will learn foundational information related to ethics, how ethics are a part of cultural competence, and gain strategies and resources for making ethical decisions that are culturally competent and support your work with young children with disabilities and their family as an early childhood care and education professional.

In this course, participants will:

- Define ethics and three major ethical categories
- Identify three ethical theories most salient for Early Intervention /Early Childhood Special Education professionals
- Explore the ethical codes from DEC, CEC, NAEYC, and other relevant professional organizations
- Evaluate codes of ethics from professional organizations and how they may be grouped into three broad themes as suggested by Early Childhood Technical Assistance Center (ECTA)
- Read and categorize vignettes as aligning within one of ECTA's themes

**ENROLL:**

# On-Demand Programming



## [Addressing Maladaptive Grief Reactions Among Youth](#)

Gain trauma-and grief-informed assessment tools that can support grieving youth, especially those exposed to the death of a loved one by suicide.



## [Diabetes Management for Patients Experiencing Food Insecurity](#)

Discover practical ways to apply the ADA 2023 Standards of Care in Diabetes and review strategies to reduce food insecurity for patients with diabetes.



## [Collaborating During Changes and Transitions for Military Students](#)

Uncover strategies to assist with school-based transitions and how collaboration is critical throughout the transition for decreased service disruption.

## Focused Programming: **Accessibility**



Accessibility starts when you meet people where they are. From the workplace to the home, providing opportunities for those with disabilities is an essential part of creating a functioning environment. Make sure you and the individuals around you are set up with the tools to thrive with these resources from OneOp.

### [Intentional Inclusion for People with Disabilities](#)

Disability is a dimension of diversity that is becoming more of a focus for organizations seeking to enhance their inclusive practices. This webinar provides information regarding the definition of disability under the Americans with Disabilities Act, etiquette and language tips, ableism, and more.

### [The Enchanting Oasis: The Benefits of Sensory Gardens for Children with Special Needs](#)

Nature has never failed to amaze us as a profound source of joy, inspiration, and wonder. For children with disabilities, sensory gardens can provide a unique and enriching experience. In this blog post, we explore myriad benefits of sensory gardens for children with disabilities, which can have a significant impact on their overall well-being and development.

### [12 Tips for Providers in Creating Accessible Presentations for Individuals with Disabilities](#)

Individuals with disabilities may need some unique support, resources, or accommodations to successfully transition to and sustain meaningful employment. Whether a wounded service member or military family member with a disability, addressing these individual needs helps ensure equal opportunity and empower individuals to thrive in the workplace.



### [Do Workplace Well-Being Programs Work?](#)

A recently published study of workplace well-being interventions, including resilience training, mindfulness, and well-being apps, found no evidence that they improve individual well-being. The study, used survey data from more than 46,000 workers across more than 200 organizations to compare participants and nonparticipants in a variety of common, individual-level well-being interventions. The data showed that across multiple well-being indicators, participants in the interventions were no better off than non-participants. Here are some takeaways for workers:

- Don't depend solely on workplace programs to support your well-being.
- Use employee assistance programs (EAP) and counseling if your workplace offers them.
- Continue to advocate for organizational change in your workplace.

We invite you to join the OneOp mailing list to stay updated!

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Connection