



# THRIVING TOGETHER

FOSTERING EMOTIONAL  
RESILIENCE IN CHILDREN & YOUTH

## ABOUT THIS SERIES:

*Reclaiming Well-Being: Awareness, Strategies, & Resources to Support Children & Youth*

Professionals working with military-connected and civilian children with and without disabilities in childcare, classroom, and recreational settings need knowledge and practical strategies that can be applied to their work. These 5 webinars will address three common areas of challenge for professionals: understanding children's behaviors that may pose challenges for adults, adapting to unexpected changes in the lives of children and youth, and addressing emotional distress and behavior (e.g., self-harm, depression, bullying, violence).

## WEBINARS IN THIS SERIES:

[The Art of Connection:  
Empowering Professionals to Respond  
Positively to Challenging Behaviors – Part 1](#)

**MAY 16, 2024**

There are many factors that affect behavior, such as attention deficit disorder/hyperactivity disorder (ADD/ADHD), language difficulties, information processing disabilities, prenatal/postnatal conditions, and others. In this webinar, we discuss the factors that impact children's behavior and how professionals respond to the different behaviors children present.

[Expressive Brushes: Using Art-based  
Mediums to Support Children & Youth  
During Change](#)

**JULY 25, 2024**

In this webinar, we will focus on the practical application of art-based mediums to foster empathy, perspective-taking, and effective communication among young individuals, particularly those in middle childhood (6-12 years old). The emphasis will be on the principles and strategies for using art as a tool to explore and process challenging social and emotional issues related to significant life changes.

[The Art of Connection:  
Empowering Professionals to Respond  
Positively to Challenging Behaviors – Part 2](#)

**JULY 19, 2024**

Intentional planning should be taken when responding to challenging behavior to avoid implicit bias that will negatively impact the response of the caregiver or educator. When reflecting on the situation prior to response a better decision can be made. In this webinar, we discuss how to respond to children's behavior more effectively through reflection and the use of a neutralizing routine.

[Coping Compass - Part 1 and 2](#)

**OCTOBER 8, 2024 & NOVEMBER 12, 2024**

*Details coming soon!*

Find more information at: [oneop.org/series/ThrivingTogether](https://oneop.org/series/ThrivingTogether)