

Harmony of Expression: Exploring Social and Emotional Development in Middle Childhood Through Expressive Art Approaches



ABOUT THIS WEBINAR:

This webinar covers social-emotional development in middle childhood (6-12 years old) and expressive art's role in aiding transitions and loss. It delves into art techniques for self-awareness, empathy, and communication, suitable even for those new to art therapy principles and applications.

LEARNING OBJECTIVES

In this webinar we will:

1. Identify social and emotional challenges faced by individuals during middle childhood (6-12 years old) relating to issues of transition, grief, and loss.
2. Gain introductory understanding of the potential of artistic expression to support youth social and emotional development.
3. Describe principles of art-based work and its effectiveness in addressing emotional regulation, identity formation, and relational dynamics.
4. Understand foundational principles and explore forms of art-based medium as a tool for processing and expressing emotions with young people.

EVENT PAGE:

<https://oneop.org/learn/160040/>

CONTINUING EDUCATION:

- **Certified Family Life Educators:** This program will be submitted to the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLEs.
- **Family & Consumer Sciences Professionals:** This program is awaiting approval for 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS.
- **Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists:** 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work

PRESENTERS:

Kevin Tan, Ph.D.

Assoc. Dean for Diversity, Equity, and Inclusion, University of Illinois-Urbana-Champaign

Felicia Li, MSW, LCSW

Bilingual and Expressive Arts Therapist, Ignite You Therapy