

Expressive Brushes: Using Art-based Mediums to Support Children & Youth During Change



ABOUT THIS WEBINAR:

This webinar explores using art to enhance empathy, perspective-taking, and communication in 6-12 year-olds, focusing on navigating life's challenges. It outlines art as a tool for expression and offers strategies for adapting art-based approaches to meet diverse needs in various contexts.

LEARNING OBJECTIVES

In this webinar we will:

1. Gain new insight into the use of intermodal expressive arts to facilitate self-expression and communication among children.
2. Learn the use of intermodal expressive arts facilitation to strengthen interpersonal connections with children.
3. Learn the use of one art-based medium to integrate intermodal expressive arts facilitation into their current work with children.
4. Learn to create a safe and supportive environment using intermodal expressive arts facilitation for emotional exploration with children.

EVENT PAGE:

<https://oneop.org/learn/160043/>

CONTINUING EDUCATION:

- **Certified Family Life Educators:** This program will be submitted to the National Council on Family Relations (NCFR) for 1.5 CE credit for CFLEs.
- **Family & Consumer Sciences Professionals:** This program is awaiting approval for 1.5 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS.
- **Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists:** 1.5 CE credits will be obtained for Social Workers, LPCs, and LMFTs from the University of Texas at Austin, Steve Hicks School of Social Work

PRESENTERS:

Kevin Tan, Ph.D.

Assoc. Dean for Diversity, Equity, and Inclusion, University of Illinois-Urbana-Champaign

Felicia Li, MSW, LCSW

Bilingual and Expressive Arts Therapist, Ignite You Therapy