Food Security in Focus

*Food Security in Focus* centers on strengthening food security for the military family and mobilizing family service professionals to work together at federal, state, and local levels. This series offers up to 15 continuing education credits from 12 FREE on-demand webinars presented by experts in the field. Discover all of the programming in this series below.

## Earn up to **15** CE Credits!

## Supporting Military Teens: Community Healthy Living and Food Security Programs

Learn about the goals and management of the AmeriCorps VISTA project, and receive examples of how to implement similar lessons in work with supporting families experiencing food insecurity.

## Increasing Children's Fruit and Vegetable Exposure: Tools for Practitioners Serving Families Experiencing Limited Income

Discuss steps providers can implement to improve health and developmental outcomes for children in low-income families.

## Enhancing Food Security for Military Families with Cooperative Extension

Learn about programs and resources on food, food security, and community nutrition available through CES and invites service providers to explore collaborative opportunities in these areas.

## Diabetes Managment for Patients Experiencing Food Insecurity

Examine practical ways to apply the American Diabetes Association 2023 Standards of Care in Diabetes and reviews strategies to reduce food insecurity for patients with diabetes.

## Respectful, Evidence-Based Care for Children with Elevated BMI

Gain guidance for addressing social determinants of health including food insecurity as well as nutrition counseling concepts and practical guidance for care.

## SNAP and SNAP-Ed: Supporting Food and Nutrition Security in Your Community

Explore how you can collaborate with your state and local SNAP-Ed programs to provide the best care possible to your clients and connect them to resources that can help.

This material is based upon work supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, and the Office of Military Family Readiness Policy, U.S. Department of Defense under Award Numbers 2019-48770-30366 and 2023-48770-41333.



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## **Food Security in Focus**

Among our nation's service members and their families, an <u>estimated</u> <u>24 percent</u> are food insecure. Join OneOp as we focus on strengthening food security for the military families and mobilizing family service professionals to work together at federal, state, and local levels.

## Supporting Nutrition Security for Military Families through a Multilayered Approach

Learn about the Spectrum of Prevention as a public health framework and explore the nuanced ways these challenges show up in military families.

## Medicaid, Food Security, and the Social Determinants of Health and Well-Being Explore the connection between Medicaid, food security, and the well-being of your clients.

## Helping Clients Inflation-Proof Their Budget

Gain strategies for managing household spending during challenging financial times, and discover creative ways to maintain food security within a family's budget.

#### **Military Teen Experiences and Food Security**

Understand emergent data around military teens' experiences and current advocacy efforts to combat food insecurity in the uniformed services.

#### <u>Waste Not, Want Not: Reducing Food Waste in</u> <u>Your Communities</u>

Discover the types of food most often wasted and how making some simple changes in how we shop, cook, and store food can help stretch your food resources and budget.

## Understanding the Social and Structural Drivers of Food and Nutrition Insecurity

Uncover the social and structural determinants of food and nutrition insecurity and examine strategies and approaches for improving food access and equity in military families as well as all families.

## Learn more on the series homepage:

https://oneop.org/series/food-security-in-focus/

## Want more content addressing food security?

Explore the <u>2023 Military Family Readiness Academy</u> programming to learn more about food security and military families. Sign up to receive the OneOp Weekly Digest to learn about additional food and nutrition security content will be adding throughout 2024.

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