

Themed Learning Days

Money Basics Mondays:

Financial

examples:

Share and discuss the basics of milestone management, the spending plan worksheet, credit/debt, insurance, and taxes.

Tactical Planning Tuesdays:

Career

examples:

Advanced money and career discussions through case vignettes (and discussion of *what-ifs*). Long term planning including retirement and estate planning.

Well-Being Wednesdays:

Health

examples:

Focus on improving your financial, physical, and emotional well-being. Explore values, beliefs, behaviors, and relationships with money.

Thankful Thursdays:

Community

examples:

Show appreciation by supporting local businesses, volunteering and donations to local organizations. Brainstorm ways to contribute to community well-being.

Family Fridays:

Social

examples:

Develop money communications across partners and families, including age-appropriate education with children/youth and financial socialization practices.