

OneOp Monthly Newsletter

MAY 2024

Upcoming Programming

 May 2, 2024

[Navigating Intersectionality in the Treatment of Youth Problematic Sexual Behavior](#)

Join to learn about intersectionality and care consideration for black, indigenous, and people of color (BIPOC) in determining treatment interventions and services.

 May 8, 2024

[Rooted in Resilience: Cultivating Well-Being in Individuals with Disabilities](#)

Explore the transformative power of gardens and gardening in enhancing the lives of individuals facing diverse disabilities.

 May 9, 2024

[Empowering Parents to Safeguard the Well-Being of Black Girls](#)

Understand culturally competent care for military families impacted by problematic sexual behavior of other children and youth.

 May 14, 2024

[Embracing Identity: Fostering Positive Emotional Growth in Teens and Young Adults](#)

Focus on how our personal and professional relationships with the youth in our care can foster and support educational and social-emotional development.

 May 21, 2024

[The Art of Connection: Empowering Professionals to Respond Positively to Challenging Behaviors-Part 1](#)

Discuss the factors that impact children's behavior and how professionals respond to the different behaviors children present.

 May 29, 2024

[Diet Quality, The Gut Microbiome, and Health Disparities](#)

Learn how we can translate research into actionable interventions and future directions to make these interventions accessible to the patients we serve.



[Sexual Behavior in Children and Youth \(SBCY\) Series](#)

Children and youth often exhibit behaviors that are considered sexual by the adults observing them. Understanding the factors associated with normal and concerning sexual behavior is important when preparing professionals and caregivers with the best practices to keep children safe and thriving during childhood and youth. This series addresses normal sexual behavior in children in addition to exploring cautionary and problematic sexual behavior (PSB) that children may display. Various factors associated with children's sexual behavior are identified in order to assist clinicians in understanding the appropriate assessment and disclosure processes involved when problematic symptoms are present.

Check out some of our latest SBCY series offerings:

Upcoming Webinars

- [Navigating Intersectionality in the Treatment of Youth Problematic Sexual Behavior](#)
- [Empowering Parents to Safeguard the Well-Being of Black Girls](#)

On-Demand Courses

- [Problematic Sexual Behavior of Children and Youth: Clinical Assessment and Treatment Overview Courses](#)

Blog Post

- [Understanding and Addressing Problematic Sexual Behaviors among Children](#)

To find more SBCY series content, check out the [series homepage](#).

On-Demand Programming



Incorporating Nutrition-Focused Physical Exams into Practice

Gain tips to improve your NFPE skills and how to diagnose patients with malnutrition.



Supporting Nutrition Security for Military Families through a Multilayered Approach

Discover strategies to improve nutrition security for military families.



Reconnecting with Nature: Health and Well-Being for Military Communities

Learn information on how military family practitioners can aid their clients in accessing and experiencing EcoRx.

Focused Programming: **Military Spouse Appreciation**



There are over 1 million United States military spouses. This community can often be forgotten but they sacrifice for their country every day by supporting their families through the trials of military life. May is Military Spouse Appreciation Month. Discover these OneOp resources that can help you support military spouses in your daily work.



Five Ways to Help Military Spouses Search for a Job

According to the Office of People Analytics, and the 2021 Active Duty Spouse Survey briefing, military spouses have an unemployment rate of 21%. The Bureau of Labor Statistics indicates that the national unemployment average for the general population is 3.6%. Continue reading to discover ways to help close the gap for military spouses.



Celebrate Military Spouses: Who Are They & What Are Their Challenges

Military spouses play a critical role in family readiness. They are often the organizers, the doers, the caregivers, and the 'glue' that holds military families together and contributes to their family's health and well-being. It is only right that we pause to provide special recognition to these amazing people during May, Military Spouse Appreciation Month.



Public Health Approaches to Suicide Prevention: Working with Military Spouses and Families

In this on-demand webinar, discover how service providers can best support military spouses and family members through a trauma-informed lens of suicide prevention. Explore the impacts of deployment, periods of parental absence from the family system, trauma exposure, and spillover effects for military-connected marriages and parent-child relationships.



What AI Can Teach Us About Making People Feel Heard

A recent study (Yin et al., 2024) found that in an online setting artificial intelligence (AI) was able to generate responses that made human recipients feel more heard than responses generated by other humans. While the results of the study don't suggest AI can replace humans in making people feel heard, they do point to some important lessons we can learn from AI.

The AI-generated responses were found to contain more emotional support, focused on making others feel better. The human-generated responses contained more practical support, focused on helping others solve a problem. Human responders were more likely to share their own personal experiences related to the participant's situation and provide more of their own insights. In contrast, AI included more acknowledgement of the participant's feelings.

Continue reading this [Practicing Connection](#) article.

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